

MWR ROTA MONTHLY MAGAZINE  
MORALE, WELFARE AND RECREATION  
Fleet And Family Readiness  
U.S. Naval Station Rota, Spain  
[www.navymwrrota.com/](http://www.navymwrrota.com/)  
[www.facebook.com/RotaMWR](https://www.facebook.com/RotaMWR)



# VAMOS

MAY 2026. NO.167

- Unity Games
- Great Navy Campout 2026
- Pedal Camp
- SAC Summer Camp Registration
- Rota's Got Talent

Mothers' Day

Get into the spirit  
with your favorite  
flowers

# EMPLOYEES OF THE MONTH



**MARINA SANCHEZ ORDIALES**  
Fitness Center.  
Sports Coordinator.

In addition to her normal duties Marina is one of the European Theater's elite Mind Body Mental Fitness instructors, delivering impactful programming that supports mental readiness across the community. Following advanced training, she has led resilience-focused classes through Fleet and Family and organized large-scale wellness initiatives, including the Kraken Games.

She has also played a key role in planning the upcoming Spanish vs. U.S. Unity Games, having developed the rules and standards for all competitive events. Her leadership and strategic contributions directly support community connection and overall readiness.



**ILARIA ALLEGRETTA**  
Child and Youth Program Lead.

Ilaria, recognized as CYP Employee of the Month, serves as the lead in the Infant Classroom with professionalism and care. She is dedicated to maintaining a safe, nurturing, and responsive environment, ensuring high-quality support for our youngest children.

A strong communicator and dependable leader, Ilaria fosters positive relationships with families and colleagues alike. Her commitment to safety, teamwork, and excellence makes her a valued member of the program.

Thomas A. Kubalewski,  
Fleet Readiness Director  
727-2326

Fabiola Mundo,  
Support Service Director  
727-1429

Manny Manlogon,  
Food Service Officer  
727-1407

Christina Rodriguez,  
CYP Director  
727-2458

Doug Hasselbring,  
Community Recreation Director  
727-1410

Cody Butler,  
Fitness Director  
727-3264

Sara Fine,  
Business Operations Director  
727-1505

**MARKETING OFFICE**  
Amber Courtney-Duncan,  
Marketing Director  
727-1515

**SOCIAL CONTACT**  
www.navymwrrota.com  
www.facebook.com/RotaMWR

**PHONE CODE**  
Commercial, 956-82-XXXX  
DSN, 727-XXXX

**MWR NAVSTA ROTA, SPAIN**  
PSC 819 BOX 14 / FPO, AE 09645  
Tel: 011 (34) 956-82-1517  
Tel (On Base): 727-1517

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vamos>> MWR ROTA MONTHLY MAGAZINE, MAY 2026

## CYP

**CDC, 727-1100**  
Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

**SAC, 727-2839**  
Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

**Youth Center: Jams and Gravity, 727-4625**  
Monday, Tuesday, Thursday and Friday, 2:35-6:30 p.m.  
Wednesday, 1:35-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

**Youth Sports, 727-4721**  
Monday-Friday, 9:30 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

## RECREATION

**Aquatics Center, 727-2129**  
Monday-Friday, 6 a.m.-7 p.m.  
Saturday and Sunday, Closed  
U.S. Holidays, 9 a.m.-5 p.m.

**Community Classes, 727-2354**

**Fitness Center, 727-2565**  
Monday-Thursday, 5 a.m.-9 p.m.  
Friday, 5 a.m.-8 p.m.  
Saturday, Sunday and U.S. Holidays, 8 a.m.-8 p.m.  
24 hours unmanned fitness access available for registered patrons.

**Golf, 727-2260**  
Daily, 9 a.m.-8 p.m.

**Liberty, 727-2527**  
Daily, 1-10 p.m.

**Library, 727-2418**  
Monday, Wednesday and Friday, 9 a.m.-6 p.m.  
Tuesday and Thursday, 9 a.m.-7 p.m.  
Saturday, Closed  
Sunday and U.S. Holidays, 9 a.m.-2 p.m.

**Outdoor Pool, 727-4882**  
Opens Memorial Day Weekend.  
Saturday-Monday, Noon-7 p.m.

**Outdoor Recreation and Tickets & Travel, 727-3101**  
Monday-Friday and U.S. Holidays, 10 a.m.-6 p.m.  
Saturday and Sunday, Closed

## DINING AND ENTERTAINMENT

**Gourmet Bean Fleet Landing**  
Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

**Library Cafe**  
Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

**EL PATIO Bombers Fresh Mex, 727-3712**  
Monday-Friday, 10 a.m.-7 p.m.  
Saturday, Sunday, Closed

**The Tower Pub, 727-3712**  
Monday-Friday, 4-11 p.m.  
(last order 10:30 p.m.)  
Saturday-Sunday, Noon-7 p.m.  
(last food order 6:30 p.m.)

**FLIX, 727-3709 Indoor Theaters**  
Wednesday-Sunday.  
Check [navymwrrota.com](http://navymwrrota.com) for movie times and schedule.

**Drive-in**  
Check [navymwrrota.com](http://navymwrrota.com) for movie times and schedule.

**Pinz, 727-2112**  
Sunday-Thursday, 11 a.m.-10 p.m.  
Friday and Saturday, 11 a.m.-11 p.m.

**Pinz American Cafe**  
Sunday-Thursday, 11 a.m.-9 p.m.  
Friday and Saturday, 11 a.m.-10 p.m.

**LA PLAZA, 727-6323 Champion's Bar**  
Wednesday-Sunday, 4-11 p.m.  
Monday and Tuesday, Closed

**Pizza Villa, 727-3212**  
Daily, 11 a.m.-10 p.m.

**MWR Admin/Support Services, 727-1517**  
Monday-Friday, 7:30 a.m.-4 p.m.



# SPECIAL EVENTS

## WHERE IS CANDELITA?

**Candelita is hiding somewhere in our VAMOS Magazine!**  
Look closely and explore every nook and cranny of the pages.

**THINK YOU'VE FOUND HER?** Be the first person to tell us the correct location and win a prize!

Email [Rota\\_MWRSpecialEvents@us.navy.mil](mailto:Rota_MWRSpecialEvents@us.navy.mil) to participate before the 5th. Open to U.S. DoD I.D. cardholders only. All ages.

## TRIVIA NIGHT

**Thursday, May 21, 5:30 p.m.** at la Plaza.  
Test your knowledge, challenge your friends, and enjoy a fun-filled Trivia night where every round brings new chances to shine!  
Fun vibes, great company... and yes, prizes await!  
Free admission!  
No registration required!  
Food and beverages available for purchase.  
Open to U.S. DoD I.D. cardholders only. All ages.  
For more information, call the Liberty Center at 727-2527.

**SPRING CLEANING AND READY TO PURGE?**

**LOOKING FOR AN OPPORTUNITY TO SELL AND BUY ARTS & CRAFTS?**

## FLEA MARKET

**Saturday, May 30, 10:30 a.m.** at Drive-In movie theater. Participation fee \$10: includes 1 table and 2 chairs.  
Join us at the Spring Flea Market! Register at the Liberty counter in Bldg. #48 to reserve your booth. Don't miss out!



Open to U.S. DoD I.D. cardholders only.  
For more information, please call the Liberty Center at 956-82-2527 or DSN 727-2527, daily, 1-10 p.m.



NAVAL STATION ROTA FAMILY FRIENDLY EVENT

2026

**GREAT NAVY CAMPOUT**  
Discover Your Adventure

**ARCHERY • ROCK WALL  
CAMP COOKING • ZIP LINE  
NATURE HIKES • BONFIRE**

Saturday-Sunday, **May 9-10**  
2 p.m.-10 a.m. | Camp Colon

**CAMPING GEAR, BBQ DINNER, S'MORES AND BREAKFAST INCLUDED.**



**Sign up now**  
Spaces are Limited

**Open to all ages.** Alcohol-free event.  
Under 18 must be accompanied by a parent.

**PROGRAM FEES:**  
ADULTS (18+): \$15 | CHILDREN (5-17): \$10 | UNDER 5: FREE

U.S. DoD I.D. cardholders only. No pets allowed.  
For more information, please call  
MWR Community Recreation at 956-82-3101 or DSN 727-3101

# GOLF

956-82-2260 or DSN 727-2260  
Bldg. #231

## ONGOING PROGRAMS

### FAMILY FUN DAYS

Every Sunday, 1-8 p.m.

### FREE USAA\* RANGE BALLS FOR US ACTIVE DUTY MILITARY

Tuesdays and Thursdays, 4:30-6 p.m.



PGA golf tips by appointment only on Thursdays.

### TWILIGHT SPECIAL

Seven days a week. 4:30-8 p.m.

\$17 unlimited golf. Carts are \$13 double rider or \$15 single rider.

### KEY GOLF SPECIAL

Are you PCSing or TDY to Rota? Present your hotel key at the golf shop and save \$2 off your green fees (green fees are based on rank) and save \$2 off your cart fees. Note: Not valid with other programs.

### LIBERTY GOLF DAY

Sunday, May 31, 1-8 p.m..

\*No U.S. Navy endorsement is implied

### PGA JUNIOR GOLF CLINICS

May 5-26. Two classes per week with 8 sessions in total. 7 kids max. per class.

#### BEGINNERS CLINIC

Tuesdays and Thursdays, 3:30-4:30 p.m. Targeting New Junior Golfers and ages 9-13.

#### ADVANCED CLINIC

Tuesdays and Thursdays, 4:30-5:30 p.m. Targeting junior golfers with experience and ages 13-17. 7 kids max. per class.

### FUN 4 PERSON SCRAMBLE GOLF TOURNAMENT

Saturday, May 9, 9 a.m. shotgun start. \$20 entry fee plus green fees.

100% of entry fee returned to prize fund. Come out and enjoy a fun day with your golf friends.



### PGA 2 PERSON 4 BALL SCRAMBLE TOURNAMNET AND PICK A PRO TOURNAMENT

Saturday, May 16, 9 a.m. shotgun start. \$20 entry fee plus green fees.

This format is stress fee. You and a partner get to replay each shot and pick the best shot of the four golf balls played.



USE THIS CODE TO REGISTER FOR THE NEXT TOURNAMENT

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# MEXICAN PIZZA

Mexican-Style Pizza with a Refried Bean and Salsa Base, topped with Mozzarella Cheese, Ground Beef Taco Meat, and Pico De Gallo. Served with a Side of Guacamole and Fire-Roasted Salsa.

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### Saturday, May 9

Open to everyone. Free admission. Snack bar available for food and beverage purchases. All movies will be family friendly.

Drive-In will OPEN the second Saturday of each month for a free showing!



Drive-In THEATER  
**FREE**  
SHOWING

GOLF



# TICKETS & TOURS



## CULTURE & DISCOVERY

FOR EXPLORERS, HISTORY LOVERS,  
AND RELAXED TRAVELERS

### MALAGA SELF-GUIDED

**Saturday, May 2, 7 a.m.-9 p.m.**  
\$60 per person / No cost for child under 14 years old. Must register by April 29.  
Beautiful coastal city. Must visit the cathedral, Alcazaba, Gibralfaro, board walk by the port, local market, and Picasso's birth home. **Includes round-trip transportation only.**

### CEUTA (SPANISH AFRICA) HISTORICAL TOUR

**Saturday, May 9, 7 a.m.-9 p.m.**  
\$120 adult / \$90 per child 2-14 years / No cost for child under 2 years old. Must register by May 6.  
MWR will take you to Ceuta, an autonomous city of Spain located on the North African side of the Strait of Gibraltar, on the Mediterranean, which separates it from the Spanish mainland. Passport required. Tickets and Travel will need your passport information at sign-up time.  
**Trip includes bus, ferry, panoramic tour, historical walking tour, lunch (modest meal and is optional) and some free time to shop.** Recommend to bring motion sickness pills for the ferry ride. Note: The trip itinerary is subject to change due to unforeseen circumstances i.e., ferry schedule and availability, and weather condition to cross the Strait of Gibraltar.

### LOS PATIOS IN CORDOBA (SELF-GUIDED)

**Saturday, May 16, 7 a.m.-9:30 p.m.**  
\$60 per person / No cost for child under 14 years old. Must register by May 13.  
Experience this annual spring event at the gorgeous city of Cordoba. The city throws open its courtyards to the public, revealing a visual feast of colorful flowers, stone mosaics and striking water features. Tucked behind heavy iron gates for most of the year, the patios release the exotic scent of jasmine and orange blossom into the air. **Trip includes round-trip transportation only.**

### GRANADA SELF-GUIDED

**Saturday, May 23, 6 a.m.-11 p.m.**  
\$70 per person / No cost for child under 14 years old. Must register by May 20.  
Beautiful city of Granada. Once a stronghold fortress city of the Moors, it now houses many important monuments including the emblematic Alhambra palace and garden complex. The city offers charming narrow streets filled with flowers, taverns serving up the famous Trevélez jamon, flamenco in the gypsy caves of Sacromonte, shopping, and more. **Trip includes round-trip transportation only.**

### RONDA HISTORICAL TOUR

**Saturday, June 6, 7:30 a.m.-6:30 p.m.**  
\$90 per adult / \$55 per child 2-14 years old / No cost for child under 2 years old.  
Must register by June 3.  
Spectacular Andalusian city dramatically perched atop the El Tajo Gorge. Known as "City of Dreams", with its romantic atmosphere and breathtaking mountain views. **Trip includes round-trip transportation, local guide, and entrance to a monument.** Walk intensive tour, wear comfy walking shoes.

## TRADITIONS & EXPERIENCES

FOR THOSE WHO WANT TO FEEL SPAIN,  
NOT JUST SEE IT

### CANDLES NIGHT IN VEJER DE LA FRONTERA

**Saturday, May 30, 1 p.m.-12 a.m.**  
\$30 per person. / No cost for child under 14 years old.  
A breathtaking annual event where this hilltop white village replaces all electric street lighting with the soft, flickering glow of over 18,000 candles. Feel the experience of the following: A Fairy-Tale Setting, The Guided Walk, and The Grand Finale. **Trip includes round-trip transportation only.**

## TRAILS, NATURE & ACTIVE ESCAPES

ICONIC PATHS, SCENIC LANDSCAPES,  
AND OUTDOOR EXPLORATION

### HIKING IN LOS ALCORNOCALES NATURAL PARK

**Saturday, May 23, 8 a.m.-6 p.m.** 2  
\$45 per person. Must register by May 20.  
Hike or stroll past historic hydraulic mills, peaceful cattle herds, majestic wildlife and scenic views as you soak up the fresh, clean air in the park. **Includes round-trip transportation, expert guides.**

### HIKING AT GRAZALEMA NATURAL PARK

**Saturday, June 6, 7 a.m.-6 p.m.** 2  
\$45 per person. Must register by June 3.  
Hike this captivating trail with easy access and easily explored with new wonders on every turn. Enjoy many footpaths where you can view the diverse habitats such as a shaded riverside, high exposed mountain peak or vertical cliffs that are home to nesting raptors. **Includes round-trip transportation, and expert guides.**

## ADVENTURE & ADRENALINE

HIGH-ENERGY EXPERIENCES  
FOR THRILL-SEEKERS

### VIA FERRATA IN GRAZALEMA PARK

**Saturday, May 16, 7 a.m.-7 p.m.** 3  
\$85 per person. Must register by May 13.  
Check this off your bucket list! The Via Ferrata is a mountain route equipped with steel cables, ladders, and other fixed anchors i.e wooden walkways and suspended bridges. The artificial equipment makes the route feasible- even to an inexperienced climber. It will allow you to hike on ledges, climb vertical walls, and reach the peaks of mountains! Climb either the Tajo 1 or Tajo II which offer incredible views of the New Bridge in Ronda. **Includes transportation, equipment, insurance, and guide.**

### CANYON DESCENDING

**Saturday, May 30, 6:45 a.m.-8 p.m.** 5  
\$85 per person per adult. Must register by May 27.  
Take on an adrenaline-packed canyon adventure combining climbing, swimming and rappelling through stunning natural terrain. Guided by professionals, this experience is designed for confident adventurers. **Includes transportation, equipment, insurance, and guide.**

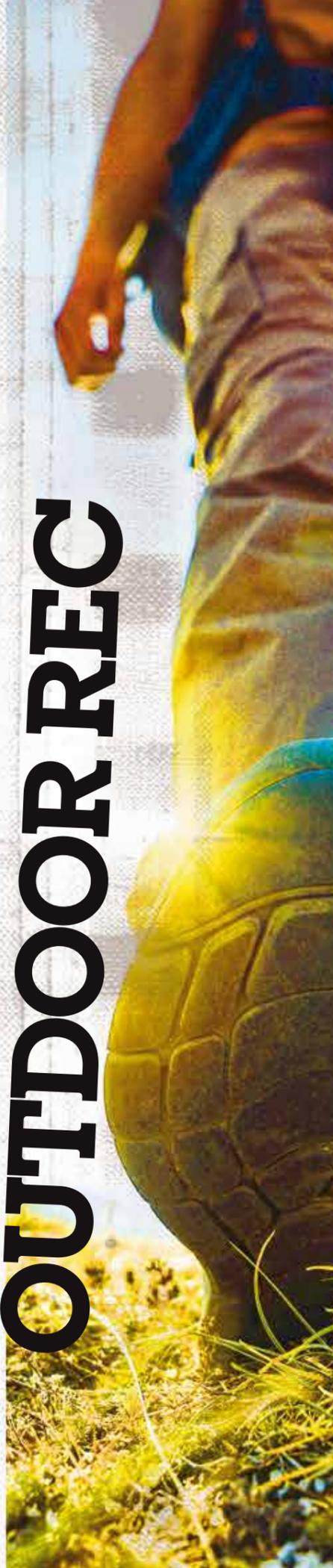
### OVERNIGHT MULTI-ADVENTURE TRIP IN ALMUÑECAR (GRANADA)

**Thursday-Sunday, June 18-21, 4 p.m.-6 p.m.** 4  
Price: \$475 per person. Must register by June 5.  
Perform an amazing canyon descending and spectacular ocean kayaking. Itinerary as follows: Thursday, transit time and free time after arrival and check-in at the Hotel. Friday, Canyon descending "Rio Verde". It is located in Granada and is the most attractive canyon descending venue in Andalucía. Saturday, Ocean caves kayak tour in the beautiful bay of La Herradura at the beginning of the Maro. It is full of orange coral and has an interesting history. A little further on are the impressive cliffs of Cantarrijan beach, surrounded by crystal clear waters; perfect for snorkeling! Sunday, free time the whole morning and head back to Naval Station in the afternoon. **Trip includes round-trip transportation by van, lodging in a 3 or 4 star hotel in a double occupancy with breakfast, all the activities with equipment and safety accessories, and local guides.**

OUTDOOR TRIPS DIFFICULTY LEVEL

- ▲ 1: Low
- ▲ 2: Low/Moderate
- ▲ 3: Moderate
- ▲ 4: Moderate/High
- ▲ 5: High
- ▲ 6: Very High

# OUTDOOR REC



# PINZ

# BOWLING CENTER

956-82-2112 or DSN 727-2112  
BLDG. #228

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## TAKE MOM BOWLING

**Sunday, May 10, 2-8 p.m.**  
Celebrate Mother's Day by taking Mom Bowling. Pay half off on bowling for an hour and no shoe charge for Moms on Mother's Day.

## MILITARY SPOUSE APPRECIATION SPECIAL

**Saturday, May 23, 3-9 p.m.**  
**HALF OFF ON BOWLING FOR AN HOUR.**

Let us show our Military Spouses how much we appreciate them and the sacrifices they make.

## ONGOING ACTIVE DUTY MEMBERS IN UNIFORM LUNCH BOWLING

**Mondays-Sundays, 11 a.m.-1 p.m.**  
Free game of bowling, including shoe rental, for Military personnel in uniform with the purchase of a complete meal and drink.

## FAMILY NIGHT

**Mondays, 4-8 p.m.**  
Families up to 5 people per lane can bowl for one hour including shoes rental for \$15.

## COUPLES NIGHT

**Tuesdays, 5-10 p.m.**  
Groups of up to four people can bowl for one hour including shoe rental and one pitcher for only \$35.

## BARRACKS CHALLENGE

**Wednesdays, 6 p.m.**  
**Barracks Bash** - Challenge anyone to an hour of Bowling for Ultimate Bragging rights. \$10 for 1 Hour. Head to Head. Shoe rental Included. Win 10x Head-to-Head Challenges and become the Pinz Barracks Challenge Champion.

## LIBERTY'S BOWLING NIGHT

**Thursday, May 14, 7-9 p.m.**  
Enjoy a free night of bowling and pizza with Liberty (free for single unaccompanied AD E-6 and below). On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Pinz.

## COSMIC BOWLING

**Fridays and Saturdays, 7-11 p.m.**  
Groups up to five people can bowl for \$23 per lane for one hour, including shoe rental.

Kids Bowl Free Summer League begins June 2026!  
Registration required to have scores recorded once per week.

Mothers' Day

# CHILD & YOUTH

## PEDAL CAMP

**Ages 4-12 years old**

**WE WILL TEACH YOUR CHILD HOW TO RIDE A BIKE IN ONE WEEK!**

## Monday-Friday, June 22-26.

Time frames depend on the age group. Sign up at the SAC program.

For CYP patrons utilizing our programs during that week, the cost of pedal camp is wrapped up into the program.

For those patrons who are not using CDC or SAC services, the cost is \$40.

Camp will be held at the Motorcycle Training Course. Children need to bring their own bike and helmet. CDC Parents need to arrange pick up and drop off. All participants must be registered with the CYP programs: sign up on CYP online to register!

## CDC

(6 weeks -5 years)  
956-82-1100 or DSN 727-1100  
Bldg. #1963  
Rota\_CYPCDC@us.navy.mil  
Open: 6 a.m.-6:30 p.m.

## A WONDERLAND TEA PARTY

**Friday, May 8, 3:30 p.m.**  
"We're all mad here" -for teatime fun! Step into Alice's Wonderland for a magical tea party with your little one! Enjoy warm drinks, delicious crumpets, and playful conversation as you explore fun toys together in a whimsical setting. Put on your fanciest tea-time attire (or come as you are) and join us for an afternoon of wonder, laughter, and delightful treats! Don't be late for this very important date!

## GUESS THAT BABY FACE!

**Monday-Friday, June 4-8.** At the CDC Lobby. Can you match the baby picture to the teacher? Stop by the CDC and take a guess! Throughout the week, adorable baby photos of our teachers will be displayed, and families can vote on who's who! It's a fun way to celebrate our amazing teachers while enjoying some laughs and surprises. Who knew your favorite teacher was such a cute baby?! Come take your best guess!

## TEACHER APPRECIATION WEEK: CELEBRATE WITH KINDNESS!

**Monday-Friday, 4-8.** At the CDC "Card Garden". Our teachers plant the seeds of love, learning, and laughter-now it's time to show them some appreciation! Families are invited to visit our Card Garden throughout the week to create a heartfelt note for our incredible teachers. Grab a card, write a sweet message, and post it on your teacher's bulletin board to brighten their day! Let's fill the week with gratitude, love, and appreciation for the dedicated educators who make a difference every day!



**SCAN ME!**  
ONLINE PORTAL



**SCAN ME!**  
FOR REGISTRATION FORMS



**SCAN ME!**  
FOR MILITARY CHILD CARE

## CYP CLOSURE

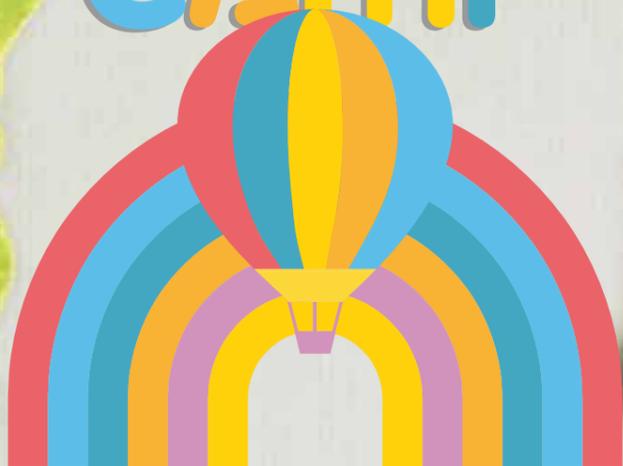
**Friday, May 22,**  
for CYP Training Day  
**Monday, May 25,**  
due to Memorial Day

## CHILD CARE AVAILABILITY

Childcare is available for all eligible personnel from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Universal Pre-Kindergarten, and PSCD enrolled children. Come to the CDC for more information!  
At the SAC we provide before and after school care during the school year for Kindergarteners through 12 years of age and provide summer camps. Please call us for more information.



# SAC SUMMER CAMP



**SAC** (k-6th grade)  
956-82-2839 or DSN 727-2839  
Bldg. #41  
Rota\_CYPsac@us.navy.mil

**SAC HALF DAYS**  
Thursday, May 21.  
DGF Early Release 10:55 a.m.

## SAC SUMMER CAMP REGISTRATION

Summer Camp Registration is ongoing for anyone not currently registered in the School Age Care Program. Eligible families are Single or Dual Active Duty or US Civilian employees and Military/Civilians with a working spouse, seeking employment or full time student (must provide proof of seeking employment and/or full time student). Please request care for Summer Camp via Military Child Care, militarychildcare.com. Please check with our operations clerks for any questions or clarification.

Registration packet can be picked at Bldg. #41 (School Age Care) or downloaded from the internet at [navymwrrota.com](http://navymwrrota.com)

WEEK #	DATES	CAMP THEME
Pre-Camp	June 10-12	SUMMER BASICS
1	June 15-19*	REALMS OF WONDER WEEK
2	June 22-26	TIME TRAVELERS
3	June 29- July 2**	SPACE EXPLORERS
4	July 6-10	RAINFOREST ADVENTURE
5	July 13-17	MUSIC AND MOVEMENT
6	July 20-24	SUPER HEROES
7	July 27- 31	SPY WEEK
8	August 3-7	CIRCUS INVASION
9	August 10-14	CIRCUS INVASION

\* (Friday Juneteenth Holiday)  
\*\* (3 July Holiday Celebrated)

Mondays: The Arts Clubs: Digital, Fine, Applied and Performance Arts  
Tuesdays: Life Skills Clubs: Money Matters, STEM, 4H Gardening  
Wednesdays: Leadership and Services Clubs: Keystone, Torch and Youth of the Year  
Thursdays: Health and Wellness Clubs: Walking, Cooking, HIIT, and Healthy Habits  
Fridays: Fun Fridays – Sports and Recreation activities



JAMS (ages 10-12)  
and GRAVITY (ages 13-18)  
Bldg. #3053  
956-82-4625 or DSN 727-4625  
Rota\_CYPYouth@us.navy.mil

## YOUTH

**POWER HOUR HOMEWORK ASSISTANCE AND FREE CHOICE OF RECREATIONAL GAMES AND ACTIVITIES**

Weekly Clubs meet on Mondays, Tuesdays, Thursdays and Fridays at 3:30 p.m. and Wednesdays at 2:15 p.m.

STOP BY THE YOUTH CENTER TO ENJOY THE ROTATION OF VARIOUS CLUB ACTIVITIES EACH WEEK!

### YOUTH OF THE MONTH

Each month the Youth Center Staff will recognize a Teen, "Youth of the Month" and a Pre-Teen, "Amazing Kid of the Month". Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day-to-day activities.

### TEEN EMPLOYMENT PROGRAM

The second five-week employment session is scheduled for teen ages 14-18 years old:

#### SESSION 2: JULY 13-AUGUST 14

Teens must return all required application documents and be available for interviews during the **SESSION 2 HIRING EVENT** on **Wednesday, May 27**, 2-6 p.m. at the Youth Center Bldg. #3053. Applicants must arrive to the Hiring Fair by 5 p.m.

## ROTA'S GOT TALENT YOUTH AND PARENT TALENT SHOW

**FRIDAY, MAY 29**, 5 p.m.  
Tryouts: Wednesdays, May 6, 13 and 20 at the Youth Center. If you are not available at those times schedule a tryout with a Youth Center staff member.

## YOUTH SPORTS

956-82-4721 or DSN 727-4721  
Bldg. #41  
Rota\_CYPYouthSports@us.navy.mil

### YSF SUMMER CLINICS REGISTRATION

Start Tuesday, May 19.  
Open until full. Space is limited.

#### Camp Options:

**GOLF, SOCCER, TENNIS, BASKETBALL, MINI TRACK AND FIELD, MULTI-SPORT CAMPS** are available upon registration.

Save yourself time, register online! [www.militarychildcare.com](http://www.militarychildcare.com) Check out <https://www.navymwrrota.com/child-youth/cyp-online-payment> to register for this convenient service. You must already have a registration form on file with CYP to use the online system. Get your Family ID number from us if you don't remember it and sign up before all spots are gone..

### RUN WITH ME TRACK FUNDAMENTALS

Friday, May 22, 4 p.m. Free.  
Come out and test your training against other athletes. Awards will be given to the top finishers.

### GOLF CAMP

Monday-Friday, June 22-26, (1:20 h sessions). \$60 for the week.  
Ages 6-8 years old: 9-10:30 a.m.  
Ages 9-14 years old: 10:30 a.m.-Noon.  
Rota Golf Course.

Youth Sports and Fitness Staff will use the very effective Starting New at Golf (SNAG) teaching principle for our kids to learn. Oversized golf balls and lightweight clubs to emphasize success and confidence. Two daily camps divided by age groups. Come on and learn the great game of golf.

### MINI SPORTS TRACK AND FIELD

Monday-Thursday, June 29-July 2,  
10-11 a.m. DGF High School Gym.  
Ages 3-5 years old. \$50.

This camp will introduce many fun sports from indoor soccer, basketball, track and field, walks and runs. This is sure to be one of the most popular camps so sign up before it is filled up. Kids will participate in activities all around the base. Parents will receive a schedule at sign-up.

**WE NEED COACHES AND VOLUNTEERS TO BE READY FOR SOCCER!!!  
BE A COMMUNITY LEADER  
BECOME A YSF VOLUNTEER**

Are you a new Sports parent in the Rota community? Not a PAYS member yet?

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to <http://www.nays.org/payonline> or contact us to learn how.

956-82-2425 or DSN 727-2425  
Bldg. #41  
SLPRota@us.navy.mil

## SCHOOL LIAISON OFFICE

**JUST ARRIVED TO ROTA AND NEED TO REGISTER YOUR CHILD IN DODEA?**

If you have a school age (K-12) student and need to register for school, please visit <https://www.smores.com/vgemr> for local education information.

### VOLUNTEERS NEEDED: ROTA ELEMENTARY FIELD DAY

Wednesday, May 27, 8 a.m.-1 p.m.  
Volunteers help run game stations. Please contact [Marisol.Lozada@dodea.edu](mailto:Marisol.Lozada@dodea.edu) to volunteer.

### ROTA MHS HEALTH & WELLNESS FAIR

Thursday, May 28 at Rota MHS  
Courtyard.  
Contact us for more information.

### HOMESCHOOL MEET & GREET

Friday, June 5, 11 a.m.-1 p.m.

### INTERESTED IN SPANISH SCHOOLS?

Please contact the School Liaison to set up an appointment to learn about the registration process for Spanish Public School.

SLP SCHOLARSHIP RESOURCE LINK  
<https://www.smores.com/36j0z>

### TUTOR.COM FOR MILITARY FAMILIES

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CGMA), is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

### CALL THE SCHOOL LIAISON BEFORE YOU GO

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

# CHILD

# & YOUTH



YA HUELE A FERIA, QUE OLE, YA HUELE A FERIA

### DANCE LESSONS

#### CHILDREN BALLET LESSONS

Time slots available  
**Ages 3-5 years old:**  
Mondays or Wednesdays, 4:30-5:30 p.m.  
**Ages 6-10 years old:**  
Wednesdays, 5:30-6:30 p.m.

Once per week: \$45/month.  
Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical joy of learning to dance to music.

#### FLAMENCO KIDS

Mondays, 5:30-6:30 p.m.  
Ages 4-9 years old. \$45 per month.

#### FLAMENCO LESSONS

Wednesdays, 9:30-10:30 a.m.  
\$50 per month. Adults 18 years and older.  
Classes located at Fitness Center.

Step into the shoes of a flamenco dancer with a lesson tailor-made for beginners. Master the basic body positions with your instructor and let the rhythm whisk you through the studio.

#### SWING DANCE CLASSES ADULTS (EAST COAST SWING/ JIVE/ LINDY HOP)

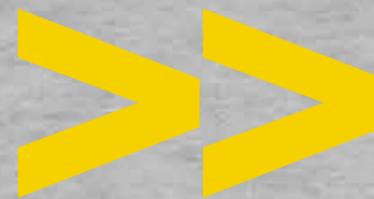
Thursdays, 7:15-8:15 p.m.  
\$80 per month (one class per week).  
Classes located at Fitness Center.

East Coast Swing is a popular dance that's very beginner friendly. Swing dancing has its roots in Lindy Hop but you might be familiar with terms like Jitterbug, Charleston, West Coast Swing, Shag and of course East Coast Swing.

#### LATIN DANCE LESSONS ADULTS (SALSA, BACHATA, MERENGUE...)

Thursdays, 6:15-7:15 p.m.  
\$80 per month (one class per week).

Classes located at Fitness Center.  
Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience and also for those who know some more!



### MUSIC LESSONS

#### PRIVATE PIANO LESSONS

Time slots available  
**Monday-Friday, 3-7:30 p.m.**  
\$83 for a punch card for four 30-minute lessons.

Take individual piano lessons from beginners to advanced; learn to play piano and read music with our experienced instructor.

#### PRIVATE GUITAR AND UKELELE LESSONS

Time slots available  
**Wednesdays and Thursdays, 4-8:30 p.m.**  
\$80 for a punch card for four 30-minute lessons.  
Full range of adult and kids lessons for all abilities.  
Customized guitar lessons: Classical, Acoustic, Electric and Bass. Theory and Musical production lessons from beginner to most advanced levels

### PRE-TUMBLING LESSONS FOR CHILDREN

**Ages 1-3 years old:**  
Thursdays, 9:30-10:15 a.m.  
\$45 per month.

**Ages 4-5 years old:**  
Wednesdays, 3:15-4:15 p.m.

**Ages 6-7 years old:**  
Tuesdays, 3:30-4:30 p.m.

**Ages 8-9 years old:**  
Thursdays, 5-6 p.m.

**Ages 10 years and older:**  
Thursdays, 4-5 p.m.

\$50 per month.  
Children will learn the basics of tumbling in a warm supportive environment. Classes will encourage age appropriate creativity, musicality and physicality. They will have fun with an emphasis on the foundations of tumbling.

# COMMUNITY CLASSES

### TENNIS GROUP LESSONS

**Ages 4-6 years old:**  
Wednesdays, 3:30-4 p.m.

Once per week: \$60/month

**Ages 7-11 years old:**  
Wednesdays and/or Fridays, 4-5 p.m.

**Ages 12-18 years old:**  
Wednesdays and/or Fridays, 5-6 p.m.

Once per week: \$80/month  
Twice per week: \$125/month

Also *private lessons* available:  
\$160 per punch card (4 lessons).

Tennis is ideal for improving cardiovascular fitness and strength. Our coach is highly qualified and passionate about what he does. If you prefer private lessons, we can organize! Classes located at the Fitness Center.

### JIU JITSU CLASSES

**Ages 5-7 years old:** Mondays, 4-5 p.m. or  
Wednesdays, 4:30-5:30 p.m.

**Ages 8-14 years old:** Mondays, 5-6 p.m. or  
Wednesdays, 5:30-6:30 p.m.

Once per week: \$45/month  
Twice per week: \$70/month

**Ages 18 years and older:** Mondays, 6-7 p.m.  
or Wednesdays, 6:30-7:30 p.m.

Once per week: \$50/month  
Twice per week: \$80/month

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

MWR Community Classes offer a range of different options to learn something new! To register, stop by Liberty front desk (Bldg. #48) from 1-6 p.m. every day including weekends and decide on what you will learn next!

vamos>>> MWR ROTAMONTHLYMAGAZINE, MAY 2026

956-82-2354 or DSN 727-2354

Rota\_MWRcommunityclasses@us.navy.mil  
Bldg. #48

IMPORTANT: Students must sign up prior to the month start. Once the month begins, they must enroll in the following one

# LIBERTY



single or unaccompanied  
servicemembers

## TRIPS

### SUNSET SAIL IN PUERTO SHERRY

Friday, May 15, 6-10:30 p.m.

\$25 per person.

Enjoy a 3-hour sunset sail in the Bay of Cadiz.  
Provided: round-trip transportation and sailboat  
with crew.

### LIBERTY LOS PATIOS IN CORDOBA (SELF-GUIDED)

Saturday, May 16, 7 a.m.-8:30 p.m.

\$30 refundable upon attendance.

Join in this annual spring event at the gorgeous  
city of Cordoba. The city throws open its  
courtyards to the public, revealing a visual feast  
of colorful flowers, stone mosaics and striking  
water features. Get a chance to see iconic  
monuments and captivating cathedrals. Trip  
includes round-trip transportation only.

### HIKING IN LOS ALCORNOCALLES NATURAL PARK

Saturday, May 23, 8 a.m.-6 p.m.

\$23 refundable upon attendance.

Stroll past historic hydraulic mills, peaceful cattle  
herds, majestic wildlife and scenic vistas as you soak  
up the fresh, clean air in Los Alcornocales Natural  
Park. Trip includes round-trip transportation and  
expert guide. No experience required.  
Low/moderate difficulty level.

### CANYON DESCENDING

Saturday, May 30, 6:45-8 p.m.

\$43 refundable upon attendance.

Canyoneering (also called canyon descending)  
consists of descending rivers by combining the  
techniques of climbing, caving and swimming.  
This activity is experiencing a spectacular  
popularity because of the beauty of its routes  
and the ideas of true adventure. Very high  
difficulty level. Provided: round-trip  
transportation, insurance, wet suit, harness and  
helmet, and professional guide.

### SAILOR ADVENTURE QUEST:

#### AIKIDO CLASSES

Tuesdays in May, 6:15 p.m. Free for  
Liberty eligible E6 and below.

Explore the art of Aikido in this 6-week introductory  
course focused on technique, balance, and  
self-discipline.

#### GUITAR LESSONS

Wednesdays, May 13 and 27, 6 p.m.  
Free for Liberty eligible E6 and below.

Always wanted to play guitar? Start or continue your  
musical journey with these fun, beginner-friendly  
lessons. *Guitars are provided.*

## EVENTS

### MAY THE 4TH STAR WARS MOVIE MARATHON

Monday, May 4, 6:30 p.m.

Kick back in the Liberty Center Theater and get lost in a  
galaxy far, far away! Test your knowledge and win  
prizes in our Trivia Contest and other Star Wars games!  
Provided: games, prizes and movies.

### OPEN MIC NIGHT

Sunday, May 10, 6:30 p.m.

Tell some jokes, sing a song, recite a poem, play an  
instrument or show off your juggling skills in a  
friendly, encouraging environment. No experience  
required! Provided: Stage, microphone and cheering  
staff members!

### LIBERTY BOWLING NIGHT AT PINZ

Thursday, May 14, 7-9 p.m. Free for  
single/unaccompanied E6 & below.

Enjoy a free night of bowling and pizza with Liberty.  
Sign in at the PINZ front counter on the day  
of the event. Bowling lanes, shoe rental, and pizza  
are provided.

### SINGLE SAILOR BINGO NIGHT

Sunday, May 17, 6:30 p.m.

Join us for a fun-filled night of bingo and friendly  
competition. Bingo supplies and prizes provided.

### TERRARIUM MAKING DAY

Wednesday, May 20, 1-10 p.m.

Build your own live terrarium to freshen up your  
barracks room. Learn the do's and don'ts of terrarium  
building and create your own mini ecosystem.  
Provided: terrarium containers, rocks, pebbles, plants,  
and potting soil

### ARCADE BASKETBALL CHALLENGE

Thursday, May 21, 1-10 p.m.

Think you've got the shot? Join our round robin  
tournament for prizes and glory. Kobe! Provided:  
basketball arcade machine and prizes.

### RAWL DOGGIE DATE NIGHT

Monday, May 25, 7 p.m.

Enjoy a paw-some evening cuddling, playing, and  
bonding with lovable rescue dogs.

### LIBERTY GOLF DAY

Sunday, May 31, 1-8 p.m. Free for  
eligible E6 and below.

Relax on the greens with Liberty Golf Day. Check in at  
the Pro Shop before Noon. Provided: green fees and  
club rentals



**RISE**  
*Rota Ignites Spouse Enrichment*  
May 29th | 10 - 2  
Navy Inn

Grow  
Connect  
Thrive

Stay Informed!  
Scan here to register

HOME BASED BUSINESS | EMPLOYMENT OPPORTUNITIES | SELF CARE  
EDUCATION | VOLUNTEERISM | TRAVEL

Join us at our annual spouse symposium for a day of personal growth and empowerment! This year we will have interactive learning sessions and an exciting expo of resources and home-based businesses.

*Event Highlights*

- Volunteerism & Employment Opportunities
- Q & A on Home Based Business
- Get your FREE Headshot Photo
- Resilience Workshops & Educational Resources

*Let's Ignite Your Future Together!*

**ALL SPOUSES ARE WELCOME!**

*Questions?*

For More Information Contact FFSC  
usn.rota.navstarotasp.mbx.ffsc@us.navy.mil

**FLEET AND FAMILY SUPPORT CENTER**  
Hours: Monday-Friday, 8 a.m. - 4 p.m.  
727-3232 (on base) and 956-82-3232 (off base)  
Located on the first floor of the Community Support Building #3293  
Email: usn.rota.navstarotasp.mbx.ffsc@us.navy.mil

24/7 NAVSTA Rota Sexual Assault Helpline | **646-407-871**



For any other class availability, please call us.



**DATES PROGRAMS**

01/02/03	<b>MON 04</b>	<b>MINDFUL PARENTING</b> 10 a.m.-Noon
	<b>TUE 05</b>	<b>SAPR REFRESHER</b> 1-3 p.m.
	<b>WED 06</b>	<b>MBMF LIVING CORE VALUES</b> 11 a.m.-12:30 p.m.
	<b>THU 07</b>	<b>ONE DAY ICR BRIEF</b> 8 a.m.-3 p.m. <b>CAREER &amp; CREDENTIAL EXPLORATION (C2E)</b> May 7-8, 8:30 a.m.-4:30 p.m.
	<b>FRI 08</b>	<b>VA EDUCATION BENEFITS</b> 11 a.m.-2:30 p.m.
09/10	<b>MON 11</b>	<b>TRANSITION WORKSHOP</b> May 11-13, 8:30 a.m.-4:30 p.m.
	<b>TUE 12</b>	<b>RA TRAINING</b> 10-11 a.m.
	<b>WED 13</b>	<b>EFMP POC TRAINING</b> 2-3 p.m. <b>EFMP PARENT SUPPORT GROUP</b> 10-11 a.m.
	<b>THU 14</b>	<b>DOL EMPLOYMENT TRACK</b> May 14-15, 8:30 a.m.-4:30 p.m. <b>OMBUDSMAN ASSEMBLY</b> 11:15 a.m.-12:15 p.m.
15/16/17	<b>MON 18</b>	<b>INTER-CULTURAL RELATIONS</b> May 18-20, 8 a.m.-6 p.m.
	<b>19</b>	<b>ONELOVE HEALTHY RELATIONSHIPS</b> 1-3 p.m. <b>IPPW: ONE LOVE</b> 1-3 p.m.
	<b>WED 20</b>	<b>COMMAND SPONSORSHIP TRAINING</b> Noon-1:30 p.m. <b>MBMF FLEXIBILITY</b> 11 a.m.-12:30 p.m.
	<b>THU 21</b>	<b>OMBUDSMAN QUARTERLY TRAINING</b> 9 a.m.-Noon
22-25	<b>TUE 26</b>	<b>INTER-CULTURAL RELATIONS</b> May 26-28, 7:45 a.m.-4 p.m.
	<b>WED 27</b>	<b>SAFETALK</b> 8-11 a.m.
	<b>FRI 29</b>	<b>RISE EVENT</b> 10 a.m.-3 p.m.
30/31		

# LIBRARY

vamos>> MWRROTA MONTHLY MAGAZINE, MAY 2026

956-82-2418 or DSN 727-2418  
Rota\_MWRlibrary@us.navy.mil  
Bldg. #3306



**SPECIAL**  
**EARLY LITERACY PROGRAM**

Every Tuesday in May.  
Sign-ups are open.  
Theme: **MUSIC**  
Times: 11-11:30 a.m. and 2:45-3:15 p.m.  
Ages 0-5 years old.  
Bring your little ones to this special Early Literacy program, where stories, music, words and movement are important. Come and learn with us the five practices of the Early Literacy Initiative: **TALK, SING, READ, WRITE AND PLAY.** Reservations required. Spaces are limited. All children must be accompanied by a parent or caregiver.

Sponsored by:



**DON'T TAKE RISKS WITH YOUR TAXES**



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No official U.S. Navy endorsement is implied

**TECH WEDNESDAYS**

Wednesdays in May,  
11 a.m.-1 p.m. By appointment only.  
One on one classes for patrons that need assistance with computers, cellphones, tablets, etc. Open to U.S. DoD ID card holders only.

**STEAM: L.E.A.P. INTO BOOKS! LITERACY, EXPLORATION, ART & PLAY**

L.E.A.P into Books! Is an innovative educational program that bridges the love of the reading with the excitement of hands-on learning. Designed for children aged 6 to 12, this initiative offers monthly STEAM workshops inspired by books selected by Rota MWR Library. Each Workshop becomes an immersive experience where literature meets science, technology, engineering, art, and mathematics- all through play, creativity and exploration.

**SCIENCE & EXPERIMENTS**  
CHEMICAL REACTIONS, CIRCUITS WITH FRUITS, SIMPLE BIOLOGY EXPERIMENTS.

**Ages 6-9 years old:**  
Tuesday, May 19, 4-6 p.m.  
**Ages 10-12 years old:**  
Thursday, May 21, 4-6 p.m.  
Sign up is required.  
Open to U.S. DoD ID card holders only.

# FITNESS >

956-82-2565 or DSN 727-2565  
Rota\_MWRFitness@us.navy.mil  
Bldg. #44

## CFL COURSE

Monday-Friday, May 11-15, 7 a.m.-4 p.m.

Cadiz Room / Fitness Center.

Training course for CFL's through a 5-day Command Fitness Leadership Certification course that covers the admin actions and duties of the CFL, basic exercise physiology and nutrition principles, as well as daily gym sessions teaching various methods of exercise and programming. Registration: [www.navyfitness.org](http://www.navyfitness.org)

## CFL MEETING

Wednesday, May 20, 11:30 a.m.-12:30 p.m.

Fitness Center Track.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL's in Rota.

## THE WORKOUT TO REMEMBER

Thursday, May 21, 8-9 a.m.

Fitness Center Track.

Dedicated to Navy SEAL Lt. Michael Murphy, join us in a one-mile run, 100 pull-ups, 200 push-ups, 300 squats, and another one-mile run, all done consecutively. The most challenging part of the workout is the sheer volume and length of the workout, so, a little strategizing is required to make it through the whole thing.

## SPRING AEROBATHON

Thursday, May 21, 10 a.m.-Noon.

Fitness Center Track.

Get ready to sweat, move and feel unstoppable! Join our high-energy Aerobathon. One event, four workouts. Experience the ultimate Aerobathon with Zumba, Spin, HIIT and Yoga.

## YOUTH FITNESS CERTIFICATION

Thursday, May 28, 5 p.m.

Youth certification teaches the fundamentals of fitness, proper use of equipment in the facility and DOD policy that pertains to physical fitness in MWR facilities.

Youth are given a facility orientation, weight, cardio training orientation. After completing this certification, youth ages 10-17 years old will be able to use the fitness center facility. Please note: registration is required as space is limited. Registration deadline May 27.

## MUD VOLLEYBALL TOURNEY

Saturday, May 30, 10:30 a.m. at La Plaza.

Play in the mud and Bump, Set, Spike!



**HOURS OF OPERATIONS**  
Monday-Friday, 6 a.m.-7 p.m.  
Saturday and Sunday, Closed  
U.S. Holidays, 9 a.m.-5 p.m.

INDOOR POOL LAP SWIM, PRT, UNIT LEVEL TRAINING or COMMAND PT.

Navy Second Class Swim Testing available by appointment only.

## LEARN-TO-SWIM LESSONS: PARENT & CHILD SWIM CLASS

Wednesday-Friday, May 6-8 and 13-15, 10-10:30 a.m. Two week session.

Ages 8 months-3 years old.

The parent & child swim class introduces infants and toddlers into the joys of an aquatics environment for the first time under the care of their parents. Our Swim Instructors provide instruction to the parents.

## LEVELS 1-3

Wednesday-Friday, May 6-8 and 13-15, 3:15-4 p.m. | 4-4:45 p.m. | 5-5:45 p.m.

Two week session. Ages 4 years and older.

Taught by American Red Cross Water Safety Instructors. Each of the swimming lesson levels is designed to build upon the next, taking your child on a journey toward becoming a safe and confident swimmer for life.

## OUTDOOR POOL OPENS MEMORIAL DAY WEEKEND

Saturday-Monday, May 23-25

Noon-7 p.m.

Outdoor Pool will be open the following weekends,

May 30-31 and June 6-7, Noon-7 p.m.



## UNITY GAMES

U.S. ARMED FORCES VS SPANISH ARMADA

Wednesday-Friday, May 6-8, 12:30-3:30 p.m.

Members of the United States Armed Forces face off against the Spanish Armada in a three-day multi game showdown. Blending Maritime pride with modern athletic competition, the games will promote camaraderie on the field and in the ocean.

Opening Ceremony:  
12:30 p.m.

Closing Ceremony:  
2 p.m.

MAY 6 Fitness Center	MAY 7 Admirals Beach	MAY 8 Spanish Track
1 p.m. BASKETBALL	12:30 p.m. SAILING	12:30 p.m. HYBRID ENDURANCE RELAY
2 p.m. SOCCER	12:30 p.m. BEACH RELAY (SWIM, RUN, KAYAK)	12:30 p.m. PICKLE BALL
	1:30 p.m. BEACH VOLLEYBALL	1:45 p.m. CROSS-COUNTRY RUN

A 3 DAY MULTI-SPORT COMPETITION ON LAND AND SEA

956-82-1916 or DSN 727-1916  
Rota\_MWRFitness@us.navy.mil  
Bldg. #45

# SPORTS >>

## INTRAMURAL SPORTS CALENDAR

2026

EVENT	DATES	REGISTER BY
<b>MAY</b>		
Softball Tournament	16 (Saturday)	14
Memorial Basketball Tournament	19-21 (Tuesday-Thursday)	15
<b>JUNE</b>		
CC Softball League	starting on 4 (Tuesdays & Thursdays)	2
Beach Volleyball Clinic	10 (Wednesday)	8
Beach Volley Summer Tournament I	27 (Saturday)	25
<b>JULY</b>		
Pickleball Tournament I	11 (Saturday)	9
Waterpolo Tournament	15 (Wednesday)	13
Flag Football Tournament	29 (Wednesday)	27
<b>AUGUST</b>		
Injury Prevention Clinic	19 (Wednesday)	17
Beach Volley Summer Tournament II	22 (Saturday)	20
CC Flag Football League	starting on 27 (Thursdays)	24

■ Captain's Cup Leagues    
 ■ Clinics    
 ■ Tournaments

- You can sign up your team/command using the Teams QR code, or you can sign up individually using the Free Agents QR code.
- Sign ups will be over at NOON of the deadline date.
- Regulations and schedules will be sent at least 24 hours prior the event and/or coach meeting.
- Any questions and/or suggestions to [rota\\_mwrfitness@us.navy.mil](mailto:rota_mwrfitness@us.navy.mil)



**SIGN UP HERE**  
CREATE YOUR PROFILE  
WITH IMLEAGUES

# AQUATICS >

956-82-2129 or DSN 727-2129  
Rota\_MWRAquatics@us.navy.mil  
Bldg. #45





**AUTO  
INSURANCE**

# **USAA** knows these roads too.

USAA Auto Insurance can help protect you while driving abroad with policies and coverage you can trust. It even goes with you on leave to insurable locations.

And with offices across Europe, we're always here to help.

**If you know you know.  
If you don't, we do.**



**Get Started  
900-813-479**

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