



▼ wHat's iNside?

Fitness Center

+ Independence Day Formation Run

Pinz Bowling

+ Kids Bowl Free Program

Special Events

+ Independence Fest 2025

+ RaeLynn Free Concert

Liberty

+ Patio Summer Party

CYP

+ Missoula Children's Theatre



vaMos!

MWR ROTA MONTHLY MAGAZINE

iSsue#157

july2025



MWRROTASpain

U.S. Naval Station Rota, Spain

www.navymwrrota.com/

www.facebook.com/RotaMWR





Jesus Reyes
Cashier at Flix

We are

MWR Admin/Support Services, 727-1517

Monday-Friday, 7:30 a.m.-4 p.m.

CYP

CDC, 727-1100

Monday-Friday, 6 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

SAC, 727-2839

Monday-Friday, 6 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

Youth Center: Jams and Gravity, 727-4625

Monday, Tuesday, Thursday
and Friday, 2:35-6:30 p.m.
Wednesday, 1:35-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

RECREATION

Aquatics Center, 727-2129

Now June 23-Sept. 2:

Monday-Friday, 6 a.m.-1 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

Community Classes, 727-2354

Fitness Center, 727-2565

Monday-Thursday, 5 a.m.-9 p.m.
Friday, 5 a.m.-8 p.m.
Saturday, Sunday and
U.S. Holidays, 8 a.m.-8 p.m.
24 hours unmanned fitness access
available for registered patrons.

Golf, 727-2260

Daily, 9 a.m.-8 p.m.

Housing Pool, 727-4882

Wednesday-Sunday, Noon-7 p.m.
U.S. Holidays, Noon-7 p.m.

Liberty, 727-2527

Daily, 1-10 p.m.

Library, 727-2418

Monday, Wednesday and Friday,
9 a.m.-6 p.m.
Tuesday and Thursday, 9 a.m.-7 p.m.
Saturday, Closed
Sunday and U.S. Holidays, 9 a.m.-2 p.m.

Outdoor Recreation and Tickets & Travel, 727-3101

Monday-Friday and
U.S. Holidays, 10 a.m.-6 p.m.
Saturday and Sunday, Closed



FOOD AND BEVERAGE

Gourmet Bean

Fleet Landing

Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed

Library Cafe

Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed

El Patio

Bombers Fresh Mex, 727-3712

Monday-Friday, 10 a.m.-7 p.m.
Saturday, Sunday, Closed

The Tower Pub, 727-3712

Monday-Friday, 4-11 p.m.
(last order 10:30 p.m.)
Saturday-Sunday, Noon-7 p.m.
(last food order 6:30 p.m.)

Flix, 727-3709

El Patio Indoor Theaters

Wednesday-Sunday.
Check navymwrrota.com for
movie times and schedule.

Drive-in

Check navymwrrota.com for
movie times and schedule.

Pinz, 727-2112

Sunday-Thursday, 11 a.m.-10 p.m.
Friday and Saturday, 11 a.m.-11 p.m.

Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.
Friday and Saturday, 11 a.m.-10 p.m.

La Plaza, 727-6323

Champion's Bar

Wednesday-Sunday, 4-11 p.m.
Monday and Tuesday, Closed

Pizza Villa, 727-3212

Daily, 11 a.m.-11 p.m.

Hours of operation are subject
to change. Check our website
for the most up to date hours
of operation.
navymwrrota.com



mwr navsta rota, spain

PSC 819 BOX 14 / FPO, AE 09645

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727-2326

Julie Dinh, Support Service Director
727-1505

CSC (SW/AW) Ruiz, Kenya, LCPO Galley
727-1407

Christina Rodriguez, CYP Director
727-2458

Doug Hasselbring, Community
Recreation Director
727-1410

Cody Butler, Fitness Director
727-3264

Sara Fine, Business Operations Director
727-1429

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Marketing Director
727-1515

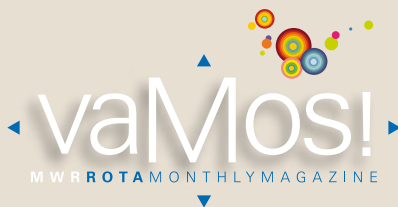
social contact

Website www.navymwrrota.com

Facebook www.facebook.com/RotaMWR

Phone code

Commercial, 956-82-XXXX
DSN, 727-XXXX



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Information subject to change.

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vaMos is published monthly, with a circulation of 1,800
by MWR Rota, Spain.



PROTEIN COLADA

Pineapple, Coconut, Vanilla Protein



JULY-AUGUST

LIMITED OFFER!



OUR MISSION
To provide the Fleet, Fighter and
Family with world-class
program excellence that will
enhance both mission readiness
and well-being aboard Naval
Station, Rota, Spain.

OUR VISION
Pro-actively aligning our
organization, strategies and
processes in support of the
Mission. To be recognized as
the MWR Department within
the entire enterprise that
provides the highest quality of
support to our customers.

OUR GUIDING PRINCIPLES
Our professional workforce is
committed to continual
improvement, understanding
our customers' needs, and the
requirements of the
organization. We will deliver
services that meet the mission
and vision, operating in the most
effective and efficient way.

MWR ROTASPAIN

NAVY ENTERTAINMENT PRESENTS:

RaeLynn

Live at Independence Fest!

JULY 4, 9 P.M.

LA PLAZA

FREE CONCERT FOR ALL AGES!
FOOD & BEVERAGES AVAILABLE FOR PURCHASE.

Call MWR Special Events at 956-82-2527 or DSN 727-2527, 1-10 p.m. daily for more information.



GUESS THE MACARONI!

JULY 7 IS NATIONAL MACARONI DAY

Monday, July 7-14, at the Library. All ages.
How many Macaroni are in the jar? Gives us your guess!
The closest bet gets a delightful fresh baked prize!
Open to DoD ID card holders only. For more information,
call the Library at 727-2418.



Board Game Saturday!

Saturday, July 12, 4-10 p.m. at la Plaza. All ages.

Enjoy a fun game session at la Plaza! Bring along your favorite board games to share and discover new ones. Friendly competition, and a chance to connect with fellow game enthusiasts! Food and beverages available for purchase. Open to DoD ID card holders only. For more information, call the Liberty Center at 727-2527.

WHERE IS CANDELITA?

Candelita is hiding somewhere in our VAMOS Magazine! Look carefully and investigate every nook and corner of the pages.

YOU FOUND IT?

Be the first person to tell us the right location and get a prize!

To participate, let us know where Candelita is hiding:
Rota_MWRSpecialEvents@us.navy.mil

Open to U.S. DoD I.D. cardholders only – All ages
Deadline July 5.



NAVSTA ROTA, SPAIN



LIVE MUSIC
FOOD & BEVERAGES
CARNIVAL RIDES & GAMES
AIR TOYS & WATER SLIDES
FIREWORKS

FRIDAY, JULY 4, 5-11 p.m. AT LA PLAZA

LIVE MUSIC FEATURING "RAELYNN"

TIMELINE:

- 5-11 p.m.: Food & Beverage Booths, Carnival Rides & Games Open
- 5-10 p.m.: Family Fun Zones Open
- 5-6:30 p.m.: Ape Oscura (Rock Cover Band)
- 6:45 p.m.: CO's Opening Remarks & National Anthem
- 7-8:30 p.m.: LeRoy Onestone & The Fireballs (Bob Marley Tribute Band)
- 8:40-8:50 p.m.: USO Pie Eating Contest
- 9-10:30 p.m.: RAE LYNN (Navy Entertainment Headliner)
- 10:45-11 p.m.: Fireworks Show



NO OUTSIDE FOOD OR BEVERAGES or PETS are permitted. 100% bag inspections will be conducted by NAVSTA Security. Families and individuals are encouraged to bring blankets, lawn chairs, towels and swim suits.

Please, call for more information 956-82-2527 or DSN 727-2527 from 1-10 p.m. daily

Sponsored by:



Outdoor Recreation trips are open
to adults 18 years and older only.

Trips are open to U.S. DoD I.D. cardholders only.
Registration is required.

QUADS TOUR IN TARIFA

2

Saturday, July 12, 8 a.m.-4 p.m.
\$130 per person. Must register by July 9.
For the adventurous spirit, we will offer 4 wheels quad tours designed for those looking for excitement and a challenge. Our guide will take you through the natural reserve of Los Alcornocales for two hours. You will experience the wonderful scenery of Tarifa and meet domestic animals including cows, goats, and horses. You will also be taken to the top of Santuario de la Luz to enjoy the amazing views of Tarifa's beaches. First time riders are welcome and no experience is necessary! Trip includes roundtrip transportation, quads ride and expert guide.

ONE DAY MULTI-ACTIVITIES IN SANTA TERESA SALT FACTORY ESTUARY IN CHICLANA

1

Saturday, July 19 and Aug. 2, 9:30 a.m.-4 p.m.
\$100 per person. Must register by July 16 and July 30.
Three activities in one hot summer day in Chiclana's estuary zone consisting of speed boat tour by the Las Salinas Santa Teresa ocean water canals, kayak/SUP paddle board tour at the ocean water canals and thalassotherapy (natural SPA circuit) consisting of two hypersaline pools, a magnesium pool, and a mud pool. Trip includes roundtrip transportation, and all the activities. Meals are not included.

NIGHT KAYAK AND SANCTI PETRI CASTLE TOUR IN CHICLANA

3

Monday, July 21, 5:30-11:45 p.m.
\$85 per person. Must register by July 17.
Experience one of the most scenic, relaxing, and rewarding tours by kayaking on the Bay of Cadiz in Sancti Petri. The Castillo de Sancti Petri is a defensive fortification located on an island located in the middle of the bay. This stronghold of great strategic and military importance was part of the line of fortifications that protected the entrance of Sancti Petri. Here, you will discover the true meaning of virtues like courage, loyalty, sacrifice and teamwork, which the troops of Sancti Petri Castle fought for two and a half years fighting for the values of Spain's first Constitution of 1812. Trip includes roundtrip transportation, guide, kayak and life vest. No experience required. Must know how to swim.

SAILING AND WINDSURFING COURSE

3

Saturday, July 26, 9 a.m.-2 p.m.
\$100 per person. Must register by July 23.
MWR Navy Outdoor Recreation "Discover Sailing and Windsurfing courses" provide an opportunity for people of all backgrounds and abilities to have a fun, safe, accessible and affordable experience.
Start Dinghy and Hobbie Cat 15 Sailing Course: *Your Discover Sailing journey starts here as you learn the fundamental skills of sailing. Dinghies are small sailing boats and a great way to get into sailing. You will be introduced to the fun of dinghy sailing in a safe and supportive environment. No prior sailing experience needed.*
Windsurfing: *The thrill of windsurfing is second to none and this course is catered for those keen to getting into windsurfing. The program is designed to assist participants in obtaining the necessary skills to deal with all weather conditions, recognize their own limitations and have respect for the elements and provide them with the skills and experience to enjoy the thrill of windsurfing. This course teaches the very basics of windsurfing including teaching participants how to sail to a chosen point on the water and return to where they started in light winds. Price includes roundtrip transportation, all sailing and windsurfing gear and qualified instructors. Note: No previous experience is necessary although you must be able to swim.*

OUTDOOR REC



DIFFICULTY LEVEL

- ▲

1: Low
- ▲-2

2: Low/Moderate
- ▲

3: Moderate
- ▲-4

4: Moderate/High
- ▲

5: High
- ▲-6

6: Very High

RONDA HISTORICAL TOUR

Saturday, July 5, 7:30 a.m.-6:30 p.m.
\$90 per adult / \$70 per child 2-14 years old /
No cost for child under 2 years old.
Must register by July 2.

Visit one of the most beautiful places in Spain with MWR. Some artifacts found in Ronda date back to prehistoric times, as far as 28,000 BC. The forces of Catholic Spain took control of the town in 1485. Three bridges, Puente Romano ("Roman Bridge"), Puente Viejo ("Old Bridge") and Puente Nuevo ("New Bridge"), span the canyon. The term "nuevo" is a bit of a misnomer since this bridge was completed in 1793. Another important site in Ronda is the Plaza de Toros de Ronda, the oldest bullfighting ring in Spain that is still used today. The partially intact baños árabes ("Arab baths") are found below the city and date back to the 13th and 14th centuries. Ernest Hemingway and Orson Welles resided in Ronda for many years, and both wrote about its beauty. Trip includes roundtrip transportation, local guide, entrance to monuments and some free time.

ARABIAN BATH AND DINNER

Saturday, July 12, 5:30-11 p.m.
\$140 per person. Ages 18 years and older only.
Must register by July 9.

MWR Tickets and Travel will bring you a unique and very relaxing experience. Sign up now and enjoy the wafting scent of incense and essential oils and the soothing sound of tinkling water and Arab music the moment you enter the Hamman Andalusi facility. Trip includes roundtrip transportation, bath, tea, massage, aroma therapy, dinner and drinks.

MARBELLA AND PUERTO BANUS SELF-GUIDED

Saturday, July 19, 7:30 a.m.-8:30 p.m.
\$60 per person / No cost for child under
14 years old. Must register by July 16.
Marbella and Puerto Banus are two great locations for a self-guided tour. Remnants of Marbella's history can be seen in the well-preserved architecture and streets of the Casco Antiguo. Puerto Banus is a cosmopolitan area, attracting the rich and famous and is full of restaurants and shops. The trip includes roundtrip transportation only.

OVERNIGHT TRIP TO MOROCCO Columbus Day Weekend. Saturday-Monday, Oct. 11-13.

Kids are allowed.
Passports required.

NIGHT HORSE SHOW AND TAPAS

Saturday, July 26, 8:30-11 p.m. \$40 per person.
All ages. Must register by July 23.

Watch the Spanish Andalusian pure bred horses perform on a beautiful summer night and enjoy stunning, unique equestrian displays. Spanish typical tapas will be served. Trip includes roundtrip transportation, horse show, and some tapas.

TORREMOLINOS (MALAGA) SELF-GUIDED

Saturday, Aug. 2, 7:30 a.m.-9 p.m.
\$60 per person / No cost for child under
14 years old. Must register by July 30.

Join Tickets and Travel and visit this beautiful coastal town. Torremolinos is located in the heart of the Costa del Sol and is a tourist paradise, being the first town in the whole of Spain to open up to international mass tourism. Its success story began in the 1950's when the European travel market turned its eyes to sunny and cheap Spain. The trip only includes roundtrip transportation.

TICKETS AND TRAVEL



FOR MORE INFORMATION
PLEASE CALL 956-82-2260 OR DSN 727-2260

ONGOING PROGRAMS

FAMILY FUN DAYS
Every Sunday, 1-8 p.m.

FREE USAA* RANGE BALLS FOR US ACTIVE DUTY MILITARY

Tuesdays and Thursdays,
4:30-6 p.m.

With PGA tips by appointment only on Thursdays.

TWILIGHT SPECIAL
Seven days a week. 4:30-8 p.m.
\$17 unlimited golf. Carts are \$13 double rider or \$15 single rider.

KEY GOLF SPECIAL
Are you PCSing or TDY to Rota? Present your hotel key at the golf shop and save \$2 off your green fees (green fees are based on rank) and save \$2 off your cart fees. Note: Not valid with other programs.

LIBERTY GOLF DAY
Sunday, July 27, 1-8 p.m..

*No U.S. Navy endorsement is implied

BRITISH OPEN

2 PERSON - 4 BALL SCRAMBLE GOLF TOURNAMENT

Saturday, July 19

Shotgun start at 9 a.m.
\$20 per person plus green fees.

(100% of entry fee to prize fund as gift certificates).

Format: Two Golf Tournament's

1st Tournament. Two Player. Four Ball Net Team Score.
2nd Tournament. Each golfer in our tournament will pick a PGA Tour Player that is playing in the British Open Golf Tournament. We will combine your team's Net score with the PGA Tour player's score that you pick from Saturday's British Open Golf Tournament.

child & youth

CYP CLOSURE

Thursday, July 4,
due to Federal Holiday

cdc (6 weeks -5 years)

956-82-1100 or DSN 727-1100
Rota_CDC@eu.navy.mil
Bldg. #1963. Open: 6 a.m.-6:30 p.m.

Summer Ice Cream Party

Friday, July 18.

Join us as we cool off with delicious ice cream.



SCAN ME!
FOR MILITARY
CHILD CARE



SCAN ME!
ONLINE PORTAL



SCAN ME!
FOR REGISTRATION
FORMS

CHILD CARE AVAILABILITY

Childcare is available for all eligible personnel from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Universal Pre-Kindergarten, and PSCD enrolled children. Come to the CDC for more information! At the SAC we provide before and after school care during the school year for Kindergarteners through 12 years of age and provide summer camps. Please call us for more information.

CDC, SAC, YSF, TEEN AND SL REGISTRATION AND SIGN-UP INFORMATION:

- CYP Registration- All documents are accessible via the QR code or via the MWR webpage (www.navymwrrota.com). Submit the forms for SAC/Youth/YSF registration to SAC, Bldg 41 or for the CDC at Bldg. 1963
- Use MCC.com for: Reserving a CDC/SAC FULL TIME and SAC CAMP for your child:
- Use CYPOnline.com for:
 - Sign-ups for Teen/YSF programs (after registering for CYP)
 - Reserving a CDC/SAC- Camp and Hourly Childcare space
 - After registering for CYP, Sign-ups for Teen/YSF Programs
- You must already have a registration form on file with CYP to use the online system.
- Contact the CDC/SAC Program for help with your Family ID.

REGISTRATION CONTINUES

2025
**SUMMER
Camp**

- SAC (k-6th grade),
956-82-2839 or DSN 727-2839
Rota_SAC@eu.navy.mil | Bldg. #41.

Registration Open

Please contact our front desk (956-82-2839 or DSN 727-2839) to learn about weekly themes and special events. Subject to availability and eligibility.

Availability is limited, so make sure you are up to date on registration at SAC, check the calendar, and sign up early on line. Check availability for Hourly Care Registration using our QR Code link or follow the link to CYP Online Payments under Child and Youth Programs on navymwrrota.com. Field trips for hourly care only on a space available basis in order of sign up.

Next weekly Camps:

Week 3: June 30-July 3 (closed on July 4), "All Around the World"

Week 4: July 7-11, "Dino Diverison"

Week 5: July 14-18, "Robin Hood" / Friday Family Lunch, 11:30 a.m. (Please let our front desk know by Thursday if you will be joining us)

Week 6: July 21-25, "Minecraft Week"

Week 7: July 28-Aug. 1, "Under the Sea" / Friday Family Lunch, 11:30 a.m. (Please let our front desk know by Thursday if you will be joining us)

Summer Camp Closure:

Friday, July 4.
We invite families to come join us at Independence Fest!

La Pergola
RESTAURANTE

★★★★★
**TRADITIONAL
COOKING
WITH A
MODERN
TWIST**

We serve the tastiest,
most tender meat in town!

RESERVE A TABLE FOR A
DELICIOUS EXPERIENCE

★★★

WHATSAPP 693 44 23 06

Av. de Sevilla, 35 | Rota

@restaurante_lapergola



MISSOULA CHILDREN'S THEATRE PRODUCTION OF "ROBIN HOOD" IS COMING TO ROTA

JULY 14-18 Children from 1st to 12th grade are eligible to audition and participate.

AUDITIONS:

Monday, July 14, 10 a.m.-noon at DGF Multi-Purpose Building.

Those auditioning should arrive at 9:50 a.m. and plan to stay for the full two hours. Some of the cast members will be asked to stay for a rehearsal immediately following the audition. All rehearsals and the performance will take place at the DGF Multi-Purpose Building. Registered CYP youth, entering 1st through 12th Grade are encouraged to audition. No advance preparation is necessary and there is no cost for the program. Assistant Directors will also be cast to aid in rehearsals throughout the week and to take on essential backstage responsibilities. The Missoula Children's Theatre touring productions are complete with costumes, scenery, props and makeup. MCT Tour Actor/Directors will conduct rehearsals throughout the week from 9:30 a.m. to 3 p.m. each day. The full performance of ROBIN HOOD will take place on Friday, July 18, 4:30 p.m. at the DGF Multi-Purpose Building.

MISSOULA CHILDREN'S THEATRE

Adapted by Michael McGill
Music and Lyrics by Michael McGill

Robin Hood



ROBIN HOOD

The time is simply long ago and the place is the magical, mythical Sherwood Forest. Our hero, Robin Hood, and his Merry Band of colorful characters seek the help of the Foresters, manage to waylay the Aristocrats and set out to rescue Maid Marion and Marion's Maid. Prince John tries to stay calm as his Sheriff, guards and horsemen botch Robin's arrest thanks to the aromatic Skunks. Wacky humor and an original score add to this fresh new look at a legendary outlaw in a legendary time.

youth sports

956-82-4721 or DSN 727-4721
Rota_youthsports@eu.navy.mil

Summer Camps

MINI-ME SPORTS TRACK AND FIELD

June 30-July 3, 9-10 a.m. Ages 3-5. \$25. MWR Fitness Track.

Young Athletes will run, jump, kick and throw for three days of on the track and field. Learn strength and endurance yoga and always push-ups.

BASKETBALL CAMP

July 7-11, 9 a.m.-Noon. Ages 8-15. DGF High School Gym. \$60.

Learn fundamentals basketball. The focus will be shooting, dribbling, passing and games to reinforce the drills that were learned. Those with advanced skills will be offered fast paced, high energy, high impact drills and spacing in offense and defense.

TENNIS CAMP

1st Session: July 14-18

2nd Session: July 28-Aug. 1.

Ages 6-8: 9-10:30 a.m.

Ages 9-15: 10:30 a.m.-Noon.

Base Tennis Courts behind the SAC building. \$60.

Tennis is back. If you wanted your child to learn tennis, now is the time. Sign-ups are limited and once filled that is it. Depending on the numbers this camp could be broken down into three age groups.

SOCCER CAMPS

July 21-25 and Aug. 4-8, 9 a.m.-Noon.

Ages 6-14. Youth Sports Complex. \$60. Learn the game Fútbol (soccer) with YSF. All skill levels will be challenged at these camps. Sign up for both to get double the skill improvement. The August camp is a great camp to tune your skills before the new season in September. Kids will be divided by age groups in both camps.

Are you a new Sports parent in the Rota community? Not a PAYS member yet?

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to <http://www.nays.org/payonline> or contact us to learn how.

WE NEED COACHES AND VOLUNTEERS TO BE READY FOR SOCCER!!!
BE A COMMUNITY LEADER, BECOME A YSF VOLUNTEER

SOCCER SEASON

Activity Sport	Sign-Up Period	Registration Closes	Assessment Day	Session Dates	Ages	Cost
SOCCER	7 July - 18 Aug	18-Aug	26-Aug	26 Aug - 9 October	5 years to 14 years	\$60
START SMART SOCCER	7 July - 18 Aug	18-Aug	N/A	9 Sep to 7 Oct	3 years to 5 years	\$25

CHILD DEVELOPMENT CENTER | SCHOOL AGE CARE
YOUTH CENTER | YOUTH SPORTS

youth programs,

JAMS (ages 10-12)
and GRAVITY (ages 13-18)
956-82-4625 or DSN 727-4625
Rota_youthcenter@eu.navy.mil



Summer Hours Of Operation

In July the Youth Center will be open Tuesday, Wednesday and Thursday from 1:30-5:30 p.m.

On Mondays and Fridays, the Youth Center will be closed. On Mondays a Youth Center activity will be offered at the Library from 3 to 5 p.m. On Fridays, a discounted activity will be offered at PINZ Bowling Center.

TRANSPORTATION IS NOT PROVIDED BY THE YOUTH CENTER. Parents or guardians must bring their children to these events.

school liaison office,

956-82-2425 or DSN 727-2425
SLPRota@us.navy.mil

Just Arrived to Rota and need to Register Your Child in DoDEA?

If you have a school age (K-12) student and need to register for school, please visit <https://www.smores.com/vgemr> for local education information.

F.E.E.T. (Friends Exploring Espana Together) Youth Sponsorship

Aug. 7, 9:30 a.m.-4:30 p.m. Grades rising 6-12. Free but youth must be registered with CYP. Must register by Aug. 5, noon.

The School Liaison and Youth Programs will conduct an Orientation for new students to make sure the teens are informed about the many programs Rota has to offer and to ensure they are given the opportunity to make friends and enjoy their new duty station. They will also meet youth center staff and other key community members. Youth will travel with staff to explore the beautiful city of Cádiz.

Rota Elementary New Family Orientation

Aug. 8, 10 a.m. at the Multi-Purpose Building. Rota Elementary School would like to welcome new families for Orientation.

Back 2 School Resource Fair

Aug. 14, 1-4 p.m. at the NEX.

Join the School Liaison, NEX, the USO, Red Cross, FFSC, MFLCs, Population Health, CYP, DoDEA, the Boys and Girls Scouts and many other community organizations inside the NEX as we host our annual Back 2 School Resource Fair inside the NEX main store. Join the fun and win prizes! Must be TEI cardholders to participate and open to all families (DoDEA, Homeschool and Spanish Schools) and resources all community members.

Rota Elementary Open House

Aug. 15, 1:30-3 p.m. at Rota Elementary.

Families can tour the campus, meet school administrators, teachers, drop off school supplies, and explore the school. Classroom assignments will be available too!

Interested in Spanish Schools?

Please contact the School Liaison to set up an appointment to learn about the registration process for Spanish Public School.

SLP Scholarship Link:
<https://www.smores.com/36j0z>

Call the School Liaison Before You Go

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

Summer Daily Attendance Game 2025

In July.

Registered Youth Center members may enter once per day for a drawing to win a gift cards every week during the weeks of summer vacation starting June 16. To enter, registered Youth Center members age 10 years and older must sign into the Youth Center building on Tuesday, Wednesday or Thursday or the activity location - Library on Monday; PINZ on Friday and complete their daily entry form. A drawing will take place every Tuesday at 4 p.m. for youth who attended the previous week. Five gift cards will be drawn each Tuesday in varying amounts. (Note: A youth may only win one gift card per week even if his or her name is drawn more than once). The gift cards which will be drawn are two \$7.50 MWR Bucks, two \$10 MWR Bucks and one \$15 MWR Bucks (Participants do not have to be present to win, they will be contacted if they are not in the building at that time.) Every Monday the contest starts again so the more days a youth attends each week the more chances they have to win. Prize Drawing dates are July 1, 8, 15, 22, 29 and Aug. 5, 12.

Youth of the Month

Each month the Youth Center Staff will recognize a Teen, "Youth of the Month" and a Pre-Teen, "Amazing Kid of the Month". Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day to day activities.



TRANSITION ASSISTANCE PROGRAM (TAP)

WHAT IS TAP?

Leaving the military is one of the biggest transitions in a service member's life. Designed to empower service members as they move from military to civilian life, the Transition Assistance Program (TAP) offers the knowledge, tools, and resources needed to achieve post-service success.

TAP is a Department of Defense (DoD) program created to prepare active duty and reserve members for life after the military. Whether you're aiming for higher education, a new career, entrepreneurship, or certification, TAP ensures you're not navigating this journey alone.

HOW TAP WORKS: A THREE-PHASE APPROACH

TAP is broken into three key phases that together form a comprehensive support system:

1. Individualized Initial Counseling

This is the starting point of the TAP journey. In a one-on-one session, service members complete a self-assessment and begin developing their Individual Transition Plan (ITP). This personalized plan identifies unique needs and sets clear, achievable post-military goals.

2. TAP Curriculum

The core of the TAP experience includes:

- A three-day core curriculum offering vital information from the DoD, Department of Veterans Affairs (VA), and Department of Labor (DOL).
- Four optional two-day "tracks" allow deeper exploration into:
 - Employment:** Resume writing, job search strategies, and interviewing skills.
 - Higher Education:** College planning, financing, and applications.
 - Entrepreneurship (Boots to Business):** Offered by the US Small Business Administration (SBA), provides an overview of entrepreneurship and applicable business ownership fundamentals.
 - Vocational Training & Credentials:** Exploring certifications and trade opportunities.

3. Capstone

The final phase ensures the service member is ready for their transition. TAP connects service members with a "warm handover" to a relevant agency or partner organization, as needed.

WHO SHOULD ATTEND?

TAP is required for all active duty and reserve service members separating with 180 days or more of active service. The DoD mandates TAP to ensure every service member has the preparation and support needed to succeed in civilian life.

- Start early:** You must begin TAP 365 days before your separation date.
- Retiring:** It is recommended to start 18 months prior to retirement to make the most of the program.
- Spouses** are encouraged to attend.

HOW TO REGISTER

- Contact your Command Career Counselor.
- If you don't have one, reach out to your local Fleet & Family Support Center (FFSC).

VALUABLE RESOURCES FOR MILITARY SPOUSES

Transition isn't just about the service member—it's about the whole family. TAP includes tailored resources for military spouses to support them in their own transition journeys:

- Spouse Education & Career Opportunities (SECO):**
 - MyStep: Stepping Beyond** offers engaging videos, downloadable guides, and links to essential tools for military spouses.
- Department of Labor Transition Employment Assistance for Military Spouses (TEAMS):**
 - A workshop series focused on resume building, job searching, and career planning specifically designed for military spouses and caregivers.

DATES PROGRAMS

01-06	
MON 07	INTER-CULTURAL RELATIONS (ICR) July 7-9, 8:30 a.m.-3 p.m.
08	
WED 09	10 STEPS TO A FEDERAL JOB 9 a.m.-12:30 p.m. COMMUNICATION SKILLS 10-11:30 a.m.
10-13	
MON 14	TRANSITION WORKSHOP July 14-18, 8 a.m.-4:30 p.m. COMMAND FINANCIAL SPECIALIST (CFS) FORUM July 14-18, 8 a.m.-4 p.m.
15-20	
MON 21	CFS 1-DAY REFRESHER 8 a.m.-4 p.m. INTER-CULTURAL RELATIONS (ICR) July 21-23, 8:30 a.m.-3 p.m.
22	
WED 23	ONE LOVE WORKSHOP 10-11:30 a.m. EFMP TRAINING 2-3 p.m.
24	CONSUMER AWARENESS 10-11 a.m.
25/26/27	
MON 28	INTER-CULTURAL RELATIONS (ICR) July 28-30, 8:30 a.m.-3 p.m. JOB INTERVIEW TECHNIQUES 10 a.m.-Noon
29	
WED 30	10 STEPS TO A FEDERAL JOB VIRTUAL 9 a.m.-12:30 p.m.
31	



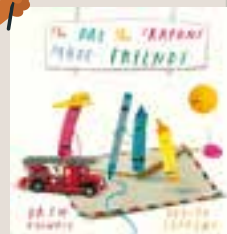
EARLY LITERACY PROGRAM

July. Sign up every Tuesday.

Theme: **OUTDOOR EXERCISE**

Times: 11-11:30 a.m. and 2:45-3:15 p.m. Ages 0-5.

Bring your little ones to the new Early Literacy program, where stories, music, words and movement are important. Come and learn with us the five practices of the Early Literacy Initiative: **TALK, SING, READ, WRITE AND PLAY.** Reservations required. Spaces are limited. All children must be accompanied by a parent or caregiver.



KIDS BOOKS

THE DAY THE CRAYONS MADE FRIENDS

by Drew Daywalt

Duncan's crayons just can't seem to stay put! After convincing one group of crayons to go back to work after they wanted to quit and rescuing another group who got lost in the most inconvenient places, Duncan's crayons have disappeared once more. But this time they've gone out into his room to make friends. From Red Crayon who fulfills his dream of driving a firetruck, to Blue Crayon, who meets a fashion doll desperately in need of a head, to fan favorite Esteban, who is off to tame a teddy bear (or as he would call it, a wild beast), each crayon has an exciting story to share about the new objects they've met and the new adventures they've had.

JUVENILE BOOKS:

PERCY JACKSON AND THE OLIMPIANS: A GUIDE TO GODS & MONSTERS

Ever wonder if you have what it takes to go head to head with the gods and monsters of Percy Jackson's world? This complete compendium contains everything you need to know about those you may encounter on your journey. From gods—Ares isn't the only one you'll want to steer clear of!—to monsters—like the terrifying Echidna and her children—this guide, written by Camp Half-Blood director Chiron, will show you the ropes. Percy Jackson & the Olympians series,

YOUNG ADULT

BONES AT THE CROSSROADS

by Ladarrion Williams

It's Homecoming season at Caiman University, and all 17-year-old Malik Baron wants to do is be a regular college student...or as regular as he can get at a magical HBCU for young, Black Conjurers. He's ready to go to parties, hang out with his new friends, choose a major, and talk to girls. Instead, he's reeling from a summer of revelations, heartbreak and betrayal, and still uncovering the truth about his powers and his legacy. The family he only just discovered is already fractured beyond repair, and a new relative who shows up on his doorstep brings even more questions. Then there's the mother he risked everything to find, who might be the biggest threat to the life he's trying to build. To protect his new community, Malik joins an elite secret society with roots in ancient magic. His journey takes him even deeper into his own heritage and the history of the magical world, while bringing him closer to a classmate whose friendship might mean something more, if Malik is ready to let her in. But how can he use powers he can't even control to defend a world he's not sure will ever fully accept him? And as the pressure and danger builds, will he be able to confront the deepening cracks within the magical society, and those building within himself?

ADULT

THE WOMAN IN SUITE 11

by Ruth Ware

When the invitation to attend the press opening of a luxury Swiss hotel--owned by reclusive billionaire Marcus Leidmann--arrives, it's like the answer to a prayer. Three years after the birth of her youngest child, Lo Blacklock is ready to reestablish her journalism career, but post-pandemic travel journalism is a very different landscape from the one she left ten years ago. The chateau on the shores of Lake Geneva is everything Lo's ever dreamed of, and she hopes she can snag an interview with Marcus. Unfortunately, he proves to be even more difficult to pin down than his reputation suggests. When Lo gets a late-night call asking her to come to Marcus's hotel room, she agrees despite her own misgivings. She's greeted, however, by a woman claiming to be Marcus's mistress, and in life-or-death jeopardy. What follows is a thrilling cat-and-mouse pursuit across Europe, forcing Lo to ask herself just how much she's willing to sacrifice to save this woman...and if she can even trust her?



SUMMER READING PROGRAM 2025

LEVEL UP AT YOUR LIBRARY

Play is one of the ways we learn to relate to others, to think in new ways, and to foster friendships, new and old. Level Up at Your Library is an all ages summer reading program based around games, laughter and more. Level Up at Your Library reminds us that libraries are not just a space for knowledge, they are a space for fun!

Now-Aug. 31

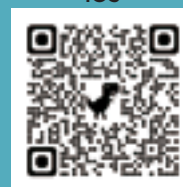
Activity dates:

Now-Aug. 13 (sign-up is required)

Reward collection:

July 10-Aug. 31

iOS



Android:



We are going paperless. Sign up and log minutes only via APP. Please scan the QR or search for "Beanstack Tracker" on your app play option! If you need help, please come by the Library or call us.





JULY eVents

INTERNATIONAL JOKE DAY

Tuesday, July 1, 1-10 p.m.

Celebrate International Joke Day at the Liberty Center! Tell us your best joke for a chance to win a prize — bring the laughs, and you just might be crowned the funniest Sailor on base!

LIBERTY NIGHT AT THE MOVIES

Thursday, July 3, 7 p.m. Flix Movie

Theater. Free for single/unaccompanied E6 and below.

Come join the Liberty staff for a free movie. Enjoy hot buttered popcorn and an ice-cold soft drink on us! On the day of, sign in on the Liberty sheet at the front counter of Flix.

INDEPENDENCE DAY MOVIE MARATHON

Friday, July 4, 1-10 p.m.

Celebrate Independence Day at the Liberty Center! Enjoy a full day of classic American movies, free popcorn, and a relaxing atmosphere perfect for the holiday. Come for the films, stay for the snacks, and celebrate freedom with us in style!

NATIONAL BIKINI DAY BEACH TRIP

Saturday, July 5, 2-6 p.m. \$10 refundable deposit. Must register by July 2.

It's National Bikini Day — let's hit the beach! The Liberty Center is offering a free ride to Rota's La Costilla Beach, where you can kick back, catch some rays, and enjoy the summer vibe. Spots are limited, so sign up by July 2nd and make the most of this sunny celebration! We provide roundtrip transportation to Rota's La Costilla beach.

WATER COLOR NIGHT - KOI

Monday, July 7, 7 p.m.

Experience the joy of Watercolor Month every Monday night in July! Join us for weekly painting sessions, starting with our vibrant Koi theme to kick things off. Whether you're a beginner or a pro, dive into the colors and make magic with every brushstroke! Watercolors and paper will be provided.

LIBERTY BOWLING AT PINZ

Thursday, July 10, 7-9 p.m. Free for single/unaccompanied E6 & below.

Enjoy a free night of bowling and pizza with Liberty. On the day of, sign in on the Liberty sheet at the front counter in Pinz. Bowling lanes, shoe rental and pizza are provided.

SMASH BROS TOURNAMENT

Saturday, July 12, 2-4 p.m.

Get ready to battle it out at our Smash Bros Tournament! Join us for an action-packed night of friendly competition, fierce combos, and ultimate bragging rights. All skill levels are welcome—bring your A-game and see if you've got what it takes to claim the top spot!

WATER COLOR NIGHT - BEACH

Monday, July 14, 7 p.m.

Experience the joy of Watercolor Month every Monday night in July! Join us for weekly painting sessions, with our Beach theme bringing sunny vibes and ocean inspiration to your canvas. Whether you're a beginner or a pro, dive into the colors and make magic with every brushstroke! Watercolors and paper provided.

WORDS WITH FRIENDS DAY

Saturday, July 19, 6 p.m.

Sharpen your mind and connect with others on Words With Friends Day! Join us for a fun, laid-back gathering where word lovers compete, chat, and enjoy some friendly rivalry. Whether you're a seasoned player or just starting out, it's all about good words and great company!

WATER COLOR NIGHT - FLOWERS

Monday, July 21, 7 p.m.

Join us for weekly painting sessions, with our Flowers theme blooming with color and creativity. Whether you're a beginner or a pro, dive into the colors and make magic with every brushstroke! Provided: Watercolors and paper.

NATIONAL HAMMOCK DAY

Tuesday, July 22, 1-10 p.m.

Kick back and relax on National Hammock Day—the perfect excuse to do absolutely nothing! Swing by for a laid-back celebration inspired by Liberty Center, complete with cozy vibes, gentle breezes, and the art of taking it easy. Bring your favorite book, your chilliest attitude, and let the world slow down for a while.

NATIONAL DRIVE-THRU DAY

Thursday, July 24, 7 p.m.

\$10 refundable deposit.

Celebrate National Drive-Thru Day with a fun twist—we'll do the driving! Hop aboard the Liberty van as we cruise through your favorite local drive-thrus for treats, laughs, and tasty surprises. Spots are limited, so sign up early to secure your seat! Roundtrip transportation will be provided. Bring: Euros for food.

FRIDAY NIGHT MAGIC

Friday, July 25, 7 p.m.

Join us for Friday Night Magic, the ultimate gathering for fans of Magic: The Gathering! Whether you're a veteran player or just learning the ropes, come enjoy an evening of epic duels, strategy, and fun with fellow planeswalkers. Bring your deck or borrow one—everyone's welcome in the multiverse!

LIBERTY GOLF DAY

Sunday, July 27, 1-8 p.m. Free for single/unaccompanied E6 and below.

Spend your Sunday afternoon, relaxing in the sun. Liberty Golf Day includes green fees and club rentals. Liberty patrons need to check in with the front desk at the Pro Shop before 1 p.m.

DOGGIE DATE NIGHT

Monday, July 28, 5:30 p.m.

Treat yourself to some tail-wagging fun at Doggie Date Night! Enjoy an evening of furry friends, feel-good moments, and puppy love—because a dog's cuddle might be just what you need. Come spread smiles and fetch some joy with us!

WATER COLOR NIGHT - ABSTRACT

Monday, July 28, 7 p.m.

Join us for weekly painting sessions, finishing with our Abstract theme—where imagination takes the lead and anything goes. Whether you're a beginner or a pro, dive into the colors and make magic with every brushstroke! Provided: Watercolors and paper.

MONEY TALKS: COLLECTING BILLS AND COINS ACROSS CULTURES

Wednesday, July 30, 7 p.m.

Join us at the Liberty Center for a fascinating presentation where volunteers share their passion for collecting U.S. dollar bills and historic Spanish coins. Discover the stories, artistry, and cultural value behind currency from around the world. Whether you're a collector or just curious, this is one event you won't want to miss!

Summer Patio Party

**FRIDAY,
JULY 18**

7 p.m.
at the Liberty Center

Join us for Liberty's Summer Patio Party—an enjoyable afternoon filled with lawn games, music, hammocks, and snacks. Cool off with delicious snow cones. Don't miss out on this ultimate summer bash where endless entertainment and delicious treats await!

SAILOR ADVENTURE QUEST



INTRODUCTION TO AIKIDO (6-WEEK PROGRAM)

Tuesdays, July 1-22.

Sign-up at Liberty Center.

Want to explore and enjoy the world of martial arts? Stop by the Liberty Center to sign up for this 6-week Aikido introductory course. Once you learn and practice the basics, continue perfecting your Aikido skills through Community Classes! Fee: \$30 activity deposit. Deposit is refundable at the end of the 6-week program based on individual Sailor attendance.

ONE DAY MULTI-ACTIVITIES

FREE LIBERTY TRIPS

Ronda Historical Tour

Saturday, July 5, 7:30 a.m.-6:30 p.m.

Free for single/unaccompanied E6 & below. Must register by July 2.

Visit with Liberty, one of the most beautiful places in Spain. Some artifacts found around Ronda date back to prehistoric times, as far as 28,000 BC. The forces of Catholic Spain took control of the town in 1485. Three bridges, Puente Romano ("Roman Bridge"), Puente Viejo ("Old Bridge") and Puente Nuevo ("New Bridge"), span the canyon. The term "nuevo" is a bit of a misnomer since this bridge was completed in 1793. Another important site in Ronda is the Plaza de Toros de Ronda, the oldest bullfighting ring in Spain that is still used today. The partially intact baños árabes ("Arab baths") are found below the city and date back to the 13th and 14th centuries. Ernest Hemingway and Orson Welles resided in Ronda for many years, and both wrote about its beauty. The trip includes roundtrip transportation, local guide, entrance to monuments and free time.

One Day Multi-Activities in Santa Teresa Salt Factory Estuary in Chiclana

Saturday, July 19, 9:30 a.m.-4 p.m.

Free for single/unaccompanied E6 & below. Must register by July 14.

Three activities in one hot summer day in Chiclana's estuary zone consisting of: Speed boat tour by the Las Salinas Santa Teresa ocean water canals, Kayak/SUP paddle board tour at the ocean water canals, and Thalassotherapy (natural SPA circuit) consisting of two hypersaline pools, a magnesium pool, and a mud pool. Difficulty Level: Low. Trip includes roundtrip transportation, and all the activities. Meals are not included.

MUSIC, GAMES AND SNACKS!



comMunity classes

956 82-2354 or DSN 727-2354

rota_communityclasses@eu.navy.mil

SUMMER IS HERE AND WE STILL WANT TO LEARN SOMETHING NEW!

Summer Dance Lessons

CHILDREN BALLET LESSONS AGES 3-10 YEARS OLD)

Time slots available

Ages 3-5 years old:

Mondays, 10:30-11:30 a.m.

Ages 6-10 years old:

Mondays, 11:30 a.m.-12:30 p.m.

\$40 per month for once per week.

Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical joy of learning to dance to music.

FLAMENCO KIDS

Wednesdays, 10:30-11:30 a.m. Ages 4-9 years old. \$40 per month.

FLAMENCO LESSONS

Times available:

Wednesdays, 9:30-10:30 a.m.

\$45 per month. Adults 18 years and older. Classes located at Fitness Center.

Step into the shoes of a flamenco dancer with a lesson tailor-made for beginners. Master the basic body positions with your instructor and let the rhythm whisk you through the studio.

SWING DANCE CLASSES ADULTS (EAST COAST SWING/ JIVE/ LINDY HOP)

Tuesdays and Thursdays,

July 1, 3, 8 and 10, 7:15-8:15 p.m.

\$80 per month (one class per week).

Classes located at Fitness Center.

East Coast Swing is a popular dance that's very beginner friendly. Swing dancing has its roots in Lindy Hop but you might be familiar with terms like Jitterbug, Charleston, West Coast Swing, Shag and of course East Coast Swing.

LATIN DANCE LESSONS ADULTS (SALSA, BACHATA, MERENGUE...)

Tuesdays and Thursdays,

July 1, 3, 8 and 10, 6:15-7:15 p.m.

\$80 per month (one class per week).

Classes located at Fitness Center.

Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience and also for those who know some more!

Summer Music Lessons

PRIVATE PIANO LESSONS

Time slots available

Mondays and Tuesdays, 9:30 a.m.-2:30 p.m.

\$79 for a punch card for four

30-minute lessons.

Take individual piano lessons from beginners to advanced; learn to play piano and read music with our experienced instructor.

Summer Tennis Academy

Camp 1: Monday, June 30-Friday, July 4

Camp 2: Monday-Friday, July 7-11

Camp 3: Monday-Friday, August 4-8

Camp 4: Monday-Friday, August 11-15

TEDDY TENNIS, Ages 4-6 years old: 9-10 a.m.

NET NINJAS, Ages 7-12 years old: 10-11 a.m.

TENNIS TITANS, Ages 13-18 years old: 11 a.m.-Noon.

Each camp is \$80 per child.

Also private lessons available for adults and children.

Price \$160 per punch card (4 lessons).

Summer Break Tennis camps focus on skill development and game play.. 60 minutes of class each day where participants will learn the basics of tennis or more advanced levels of tennis as appropriate for age and skill level.

Summer Jiu Jitsu Classes

Ages 5-7 years old: Mondays, 4-5 p.m. or

Wednesdays, 4:30-5:30 p.m.

Ages 8-14 years old: Mondays, 5-6 p.m. or

Wednesdays, 5:30-6:30 p.m.

Once per week: \$45/month

Twice per week: \$70/month

Ages 18 years and older: Mondays, 6-7 p.m.

or Wednesdays, 6:30-7:30 p.m.

Once per week: \$50/month

Twice per week: \$80/month

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

Summer Aikido Classes

Ages 5-7 years old:

Tuesdays, 4:30-5:15 p.m. \$45/month.

Ages 18 years and older:

Tuesdays, 6:30-7:30 p.m. \$50/month

Aikido is a modern, non-aggressive Japanese martial art. The study of Aikido does not involve only techniques based purely in self-defense, but includes positive character development and ideals that people can incorporate into their daily lives!

piNz 956-82-2112 or DSN 727-2112

rota_bowling@eu.navy.mil
BOWLING CENTER

ONGOING

Active Duty Members in Uniform Lunch Bowling

Mondays-Sundays, 11 a.m.-1 p.m.

Free game of bowling, including shoe rental, for Military personnel in uniform with the purchase of a complete meal and drink.

Family Night

Mondays, 4-8 p.m.

Families up to 5 people per lane can bowl for one hour including shoes rental for \$15.

Couples Night

Tuesdays, 5-10 p.m.

Groups of up to four people can bowl for one hour including shoe rental and one pitcher for only \$35.

Barracks Bash

Wednesdays, 6 p.m.

Barracks Bash – Challenge anyone to an hour of bowling for Ultimate Bragging rights. \$10 for 1 Hour. Head to Head. Shoe rental Included. Win 10x Head-to-Head Challenges and become the **Pinz Barracks Challenge Champion**.

Liberty's Bowling Night

Thursday, July 10, 7-9 p.m.

Enjoy a free night of bowling and pizza with Liberty (free for single unaccompanied AD E-6 and below). On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Pinz.

Cosmic Bowling

Fridays and Saturdays, 7-11 p.m.

Groups up to five people can bowl for \$23 per lane for one hour, including shoe rental.



Bowling Special 4th of July WEEKEND

THURSDAY,
JULY 3

4-8 p.m.

4 Bowlers and 4 Drinks for \$40.
Shoe rental not included.

(Guests can select any beverage from our extensive menu).

CELEBRATE THE 4TH OF JULY
AT PINZ WITH OUR **4 FOR 4**

SCHOOL'S OUT!!!

KIDS BOWL FREE SUMMER LEAGUE

Monday-Friday, Noon-5 p.m.

Ages 18 years and younger.

Register your children now at: **KidsBowlFree.com**

RECEIVE DAILY COUPONS EACH WEEK!

Bowl and have your scores recorded to enter the leader-board. Each week try to best your position on the leader-board to win prizes in our **End of Summer Day** in August.





• fitness
956-82-2565 or DSN 727-2565

Independence Day Formation Run

**WEDNESDAY
JULY 2**
7 a.m.
At the Fitness Center

Wear your Red, White, and Blue and join us and join us in a 2.5km run and kick off the holiday weekend right! Calling out to all our Navy, Air Force, Marines and Army community as well as civilians and family members to celebrate with us the Independence Day. Open to active duty, civilians and family members.



**CHALLENGE OF THE MONTH:
Med Ball Petanque**
Thursdays, 11 a.m.-1 p.m.
Are you ready for our Med Ball Petanque challenge. Try this new version of the traditional petanque using medicine balls. Please check with our staff for more info.

Youth Fitness Certification

July and August by appointment.
Ages 10-17 years old. Registration is required as space is limited.
Youth certification teaches the fundamentals of fitness, proper use of equipment in the facility and DOD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight, cardio training orientation, and a written test. After completing this certification, youth ages 10-17 years old will be able to use the fitness center facility.



• aquatics center,
956-82-2129 or DSN 727-2129 rota_aquatics@eu.navy.mil

INDOOR POOL HOURS OF OPERATIONS

**Monday-Friday, 6 a.m.-1 p.m.
Saturday, Sunday and
U.S. Holidays, Closed**

Parent and Child Swim Classes

Two-week sessions:
July 9-18 and July 23-Aug. 1
Wednesday-Friday, 10-10:30 a.m.

Annual Navy Youth Swim Test Required

Youth, ages 17 years old and younger, who have demonstrated the necessary skills will have full access to the Aquatic facility, including slides, diving boards, swimmer's zone/deep end and other recreational amenities, as determined by Naval Station Rota MWR Aquatics program.

OUTDOOR RECREATION POOL

RECREATION SWIM HOURS

Wednesday-Sunday, Noon-7 p.m.
Monday and Tuesday: Closed for maintenance.
U.S. Holidays: Noon-7 p.m.

LAP SWIM

1 lane available by appointment only.

Check out our latest facility upgrades:
**LARGE WATER SLIDE, AQUA
CLIMBING WALL AND
POOL DECK REFRESH.**

Swim Lessons available

Wednesday-Friday. Two week sessions of six 45 min. classes. \$50. Ages 4 years and older. Must register at Outdoor pool main office Bldg#593.

Next sessions:
July 9-18 | July 23-Aug. 1 |
Aug. 6-15.

Three time slots available:
3-3:45 p.m. | 4-4:45 p.m. |
5-5:45 p.m.

ELIGIBILITY:

U.S. active-duty service members & dependents DoD civilians and dependents, and U.S. retirees. Eligible Spanish military, dependents and base civilians who meet eligibility criteria with Spanish protocol. 100 percent ID check.



SIGN UP HERE
CREATE YOUR PROFILE
WITH IMLEAGUES



• sports,
956-82-1916 or DSN 727-1916

2025

INTRAMURAL SPORTS CALENDAR

EVENT	DATES	PICK UP GAMES	DEADLINE	COACH MEETING
JULY				
Disc Golf Tournament	12 (Saturday)	—	8	—
Pickleball Tournament	22-26 (Tuesday-Saturday)	Tue & Thu 5-6pm	18	—
Flag Football Tournament	28-31 (Monday-Thursday)	Mon & Wed 5-6pm	22	—
AUGUST				
CC Flag Football League	12 (Tuesday-Thursday)	—	7	11
Injury Prevention Clinic	22 (Friday)	—	20	—
Beach Volley Summer Tournament II	29-30 (Friday-Saturday)	Fri 5-6pm	27	—
SEPTEMBER				
CC Pickleball League	11 (Thursday)	—	8	—
Lacrosse Tournament	19 (Friday)	—	16	—
Outdoor Soccer Fall Tournament	23-27 (Tuesday-Saturday)	Tue & Thu 5-6pm	19	22

 Captain's Cup Leagues
 Clinics
 Tournaments

- You can sign up your team/command using the Teams QR code, or you can sign up individually using the Free Agents QR code.
- Sign ups will be over at NOON of the deadline date.
- Regulations and schedules will be sent at least 24 hours prior the event and/or coach meeting.
- Any questions and/or suggestions to Rota_Sports@eu.navy.mil



FLAG FOOTBALL SEASON 2025

**- FLAG FOOTBALL
TOURNAMENT:**
Monday-Thursday, July 28-31.
Must register by July 22.

**- CC FLAG FOOTBALL
LEAGUE:**
Tuesdays and Thursdays
starting on **August 12.**
Must register by August 7.

Sign up as you please to your favorite/s events of the Flag Football season! As a free agent or with a team, use the QR code.





**AUTO
INSURANCE**

USAA knows these roads too.

USAA Auto Insurance can help protect you while driving abroad with policies and coverage you can trust. It even goes with you on leave to insurable locations.

And with offices across Europe, we're always here to help.

**If you know you know.
If you don't, we do.**



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