

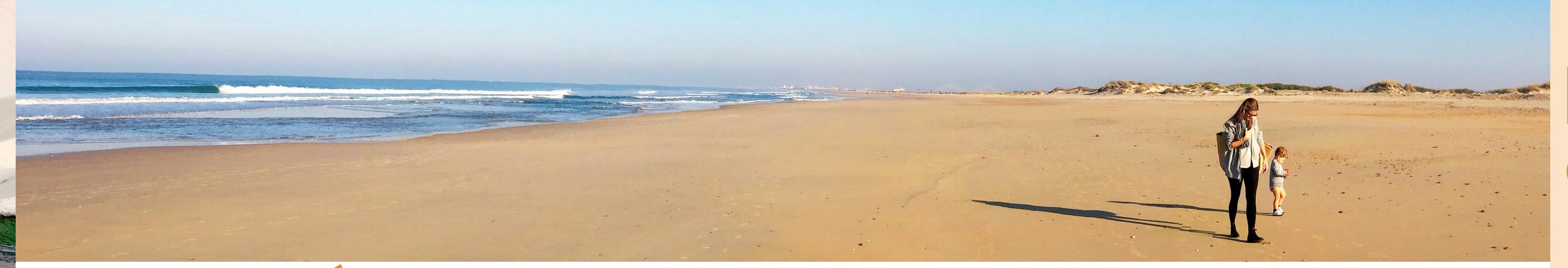
Andalucía



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PATRONATO PROVINCIAL
DE TURISMO DE CÁDIZ
Plaza de Madrid s/n.
Estadio Ramón de Carranza
Fondo Sur 4^a planta.
11011 Cádiz
T.: 956 807 061
info@cadizturismo.com



Cádiz



Gastronomy



The tasty gastronomy of Cádiz comprises the most appetising dishes of Andalucía. The products of the hills and the sea, washed down with their excellent wines, will turn our trip into an unforgettable experience. The large variety of fish and seafood include the renowned prawns from Sanlúcar, the red tuna from "Almadrafa", bream cooked in the style of Rota, gilt head bream cooked in sea salt, cockles with noodles, baby prawn fritters and a long list of dishes which are easier to savour than to number. In the hills, we can enjoy game (deer, wild boar, rabbit, partridge, etc.), hot garlic, Grazalema soup, kidneys cooked in sherry, small "chorizo" sausages from El Bosque, loin in red lard from Vejer and a large number of home-made cheeses. Its confectionary, as is fitting from its Moorish heritage, contains unique products such as the tortes from Chiclana, "alfajores" and the Christmas cakes from Medina Sidonia, egg flans from Jerez, "amarguillos" from Grazalema, nougat from Cádiz or "piñonates" from Jimena de la Frontera ... A sweet tooth will be useful wherever you go in this province.



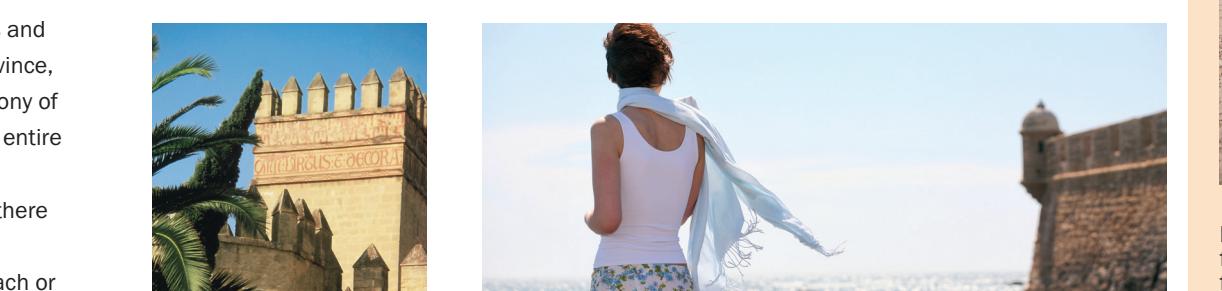
There are many types of craftworks in the province. The most famous and appreciated ones are: leather products from Ubrique and nearby villages which are commercialized by international well-known brands such as Loewe. In Grazalema the factory of handmade blankets stands out and the works in wicker, cane or cattails in Medina Sidonia, Setenil, Benaoaz and Vejer. Also the barrel-making workshop, items for wineries, and the saddlery in Jerez, items for horses. Esparto baskets and espadrilles are typical from Torre Alháquime, palm and crochet from Paterna de Rivera, hand-moulded guitars from Algodonales and bagpipes from El Gastor. Arcos and Conil stand out because of their pottery. It is also worth mentioning the country boots from Alcalá de los Gazules and Espera, handmade furniture from Benamahoma and Prado del Rey, and woodworks and mahogany furniture from Sanlúcar de Barrameda.



In 1812, with great international significance, the first Spanish Constitution was approved in Cádiz. This was the carta magna that set the basis for the modern State.

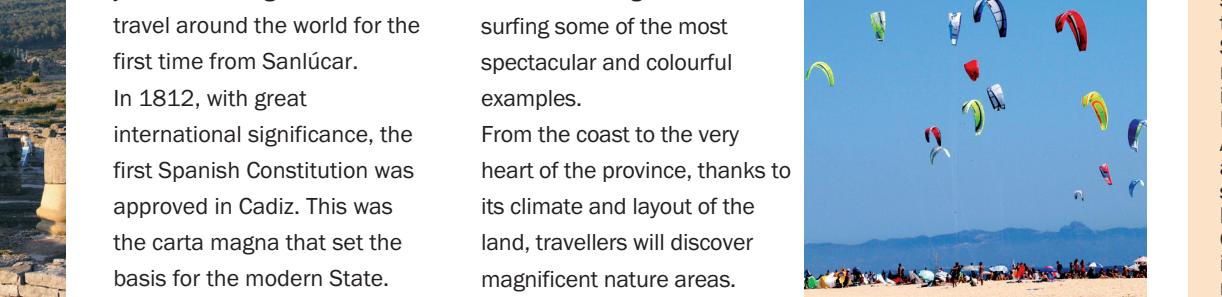
The Phoenicians, Greeks and Romans lived in this province, leaving important testimony of their presence along the entire Cádiz coast. From the medieval age, there are over 30 castles and fortresses near the beach or with splendid views from the top of the mountains. On the other hand, a series of historic milestones confirm the close link between Cádiz and the rest of the peninsula and its importance on an international scale: in 711, the defeat of the Visigoths on the Guadalete river enabled the moors to conquer the area, changing the course of history. On three occasions in the 15th century did Columbus's ships leave Cádiz, Sanlúcar de Barrameda and El Puerto de Santa María for the other side of the Atlantic, establishing cultural and emotional relations that continue even today. A few years later, Magallanes left to travel around the world for the first time from Sanlúcar.

In contrast, the microclimate of the Grazalema massif -where we find the Abies Pinsapo, a relic of the Tertiary Era- has the greatest rainfall in all Spain, so near to the beach and with an incredible mountain landscape. In the south, the wind is the best ally for water sport enthusiasts, with windsurfing and kite surfing some of the most spectacular and colourful examples. From the coast to the very heart of the province, thanks to its climate and layout of the land, travellers will discover magnificent nature areas.



Beneath a clear, blue sky, the province of Cádiz enjoys a warm climate, with a mean annual temperature of 18°C, ranging from 14°C in winter to 22°C in summer, so sunbathing is a possibility all year around. But beaches are not only for sunbathing, but also for sports, for walking and for relaxing. The sun shines 330 days a year and there are more than 3,000 hours of sunlight, so leisure time can be made the most off more than elsewhere.

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Districts of Cádiz

La Janda

What was once the largest lake in Spain gives its name to this district of countryside and beaches. We start in **Conil de la Frontera**, a seafaring village with long beaches and a great tourist atmosphere. Following the coast, we arrive at the Palmar beach and the beaches of Los Caños de Meca, in the borough of **Barbate**.

A nature reserve known as La Breña y las Marismas del Barbate Nature Park, where the sea meets woodland, with trekking paths and the possibility of diving, especially in the clear waters of the beaches at **Zahara de los Atunes**.

In the vicinity, E Faro and the cape of Tarifa, a place for history since 1805, the date of the famous battle in which Admiral Nelson lost his life. Inland, just 9 km from the coast, we find **Vejer de la Frontera**, located on the top of a hill. Its popular architecture, with its steep, narrow streets and whitewashed arches, reflects the Andalusian Moorish style. It has been declared a historic-artistic complex, as has **Alcalá de los Gazules**, in the centre of the province, and **Medina Sidonia**, of very ancient origin, with its Moorish medieval flavour still intact. Its cuisine, especially its confectionery, is exquisite. Following the Bull Route, we arrive in **San José del Valle** and **Paterna de Rivera**, the



monumental heritage. **Puerto Real** is the town founded by the Catholic Kings that has pine trees, beaches and golf courses, and **San Fernando** is essential for those interested in naval history and the 1810 to 1812 parliament that passed the first Spanish Constitution.

Further south is **Chiclana de la Frontera**, with the Novo Sancti Petri estate, renowned in Europe for the quality of its beaches and facilities. Historically speaking, we find the mysteries of the Temple of Hercules and the Atlantis, with characters as important as Hannibal or Roman emperor Julius Caesar. A short way from the coast is **Jerez**, a city to be enjoyed all year around, with the Royal Andalusian School of Equestrian Art, the speed circuit, the wineries, the La Atalaya theme centre and the town's rich monumental heritage.



birthplace of "peteneras" flamenco songs and also famous for its breeders of fighting bulls, and **Benalup-Casas Viejas**, where we find the cave paintings of Tajo de las Figuras.

Bay of Cádiz

Beaches, dunes and salt mines comprise the Bay of Cádiz, a sunny natural water park containing Cádiz, San Fernando, Chiclana, Puerto Real, El Puerto de Santa María, Rota and, inland, Jerez de la Frontera.

This has always been a land of sailors, legends and famous characters, of battles and love affairs that travelled the world over and brought music, wealth, flavour, a cosmopolitan spirit and the art of living well to the Bay. Street after street, Cádiz itself reveals its history and colonial importance: the city walls of Puerto Tierra, the Latin American plants in the parks and avenues, the cathedral -so exotic- and the pink, pale blue and yellow facades of Campo del Sur, the innumerable watchtowers, the museums and the monument

craftsmanship in the form of leather products and sweet Andalusian confectionery. But our Moorish heritage is mixed here with Roman roads, Christian invasions, legends of highway robbers and the sleepers for a railway that was never built, now used happily by trekkers. The Sierra of Cádiz also houses an abundant archaeological heritage dating back over 250,000 years.

Arcos de Frontera is one of the best known white villages. You only have to see it to understand why it has been classified as a Historic-Artistic Monument. It is followed by **Ubrique**, **El Bosque** and **Prado del Rey**, known not only for the beauty of their landscapes but for their local arts and crafts. **Algar**, **Algodonales**, **El Gastor**, **Puerto Serrano** and



The Gibraltar district

This is the southernmost point of the south, where two seas and two continents meet. The landscape is so special that it also contains two nature parks: Los Alcornocales and the El Estrecho nature park. The district is known locally as Campo de Gibraltar and includes the boroughs of Algeciras, Castellar y Jimena de la Frontera, a walled-in city of Moorish structure with international renown since windsurfing enthusiasts discovered its beaches. Kite surfing now paints the coast with a multitude of colours.

Nearby are the Roman ruins of Baelo Claudia, one of the essential visits in the El Estrecho Nature Park, an area including hills, coasts and the bottom of the sea from Tarifa to Algeciras. It houses imperial eagles, whales and dolphins, sand dunes on the beaches and numerous caves with cave paintings.

The Los Alcornocales Nature Park is also in this area and considered to be the best preserved in Europe. Algeciras is also nearby, with an ideal strategic location if you are thinking of holidaying in Africa, just 14 km away.

Grazalema is another place to be visited, together with **Zahara de la Sierra**, one of the most spectacular landscapes in the area. Finally, **Alcalá del Valle**, and, of course, **Setenil de las Bodegas**, with its spectacular houses carved out of the mountain, following the course of the river.

Low Guadalquivir

The Guadalquivir river is the protagonist of this district which connects Seville and the sea through Cádiz. On its estuary we find the towns of Sanlúcar de Barrameda, Trebujena, Rota and Chipiona, a land rich in history, wine and flowers.

Sanlúcar de Barrameda is worth special attention. You cannot leave the province of Cádiz without savouring its "manzanilla" wineries and the horse races on the beach, classified as being of International Tourist Interest.

From Tarifa to the boom in colonial trade, the sea made it come alive. One emblematic date in history is 1519 when the first voyage around the world set out from its shores, showing that the earth is round.

Near Sanlúcar are three towns closely connected to wine, Trebujena to the north and Rota and Chipiona to the south, as attractive as all seaside towns, where it is worth visiting the fishing pens and one of the most important tourist, residential



Cádiz

... "Salty clarity" was how the poet described Roman GADES, the oldest city in Europe. Its peninsular nature does not prevent it from being the capital of a land of frontiers which, from the high peaks of the hills, falls down into the sea. Nature and man, in perfect symbiosis, recreate a diverse landscape, rich in beauty and charm: Spanish firs, Holm oaks, pines, vineyards... and fertile farm land, housing white villages with a splendid architecture and a rich and varied cuisine.

The Mediterranean and the Atlantic surround a coast of 260 kilometres of beaches, from the estuary of the river Guadalquivir to the beaches bordering on the province of Málaga. At the southernmost point of the south, on the tip of Tarifa, the "ocean sea" and the "Mare Nostrum", blend their waters to join the two continents in sisterhood.

Festivals of tourist interest

CÁDIZ Carnival
ALCALÁ DEL VALLE Holy Week
ALGECIRAS "Real" Fair
ARCOS Holy Week
CONIL "Ntra. Sra. de las Virtudes" Fair
EL GASTOR Corpus Christi
ESPERA Holy Week | "Stmo. Cristo de la Antigua" Festival
JEREZ Horse Fair | Holy Week
LA LÍNEA Holy Week | Soirées and Festivals
LOS BARRIOS "San Isidro Labrador" Romería (Pilgrimage)
OLVERA Holy Week | "Lunes de Quasimodo" Romería (Pilgrimage)

ROTA "Urta" Festival
SAN FERNANDO Del Carmen y de la Sal Fair
SAN ROQUE Holy Week
SANLÚCAR Horse Races on the Beach | Exaltation of the River Guadalquivir | Holy Week
SETENIL Holy Week
UBRIQUE "Crujía de Gamones" Bonfire Night
VEJER Flamenco Night
VILLAMARTÍN "San Mateo" Festival
ZAHARA DE LA SIERRA Corpus Christi

- Towns
- Villages
- Smaller populations
- Motorway
- Dual carriageway
- National road
- 1st class road
- 2nd class road
- Railway - Railway station
- Marshes and salt flats
- Nature parks
- Pass
- Railway station
- Airport
- Monumental Town
- Scenic view
- Commercial port
- ▲ Camping site
- Golf
- ◆ Casino
- Horse Riding
- Hunting
- Fighting bull
- ▲ Hang-gliding
- Woods
- Lighthouse
- Beach
- Water sport
- Windsurfing
- Fishing
- Underwater fishing
- Freshwater fishing



Information of interest

TRANSPORTS AND COMMUNICATIONS	
AIRPORTS WWW.AENA.ES	JEREZ
COACH COMPANIES	TRANSPORTES G. COMES
TRAIN COMPANIES	AVDA. GARCÍA MORATO S/N
MARITIME COMPANIES	ALGECIRAS
PROVINCIAL TRAFFIC DEPARTMENT - CADIZ	Sta. Rafaela M. 2
TOURIST OFFICES	Avda. de Andalucía, 13
TOURIST INFORMATION OFFICE	Tel: 956 297 500 / 091



Tourist Offices

PROVINCIAL DEPARTMENT OF TOURISM ANDSPORT, REGIONAL GOVERNMENT OF ANDALUSIA	PROVINCIAL TOURIST BOARD	TOURIST INFORMATION OFFICE
Plaza Asdrúbal s/n Ático. Edif. Junta de Andalucía, 1.1071 CÁDIZ	Plaza Ramón de Carranza, Fondo Sur. Planta 4º 11011 Cádiz	(Virtual Tourist Office) Ierezairport Tel./Fax: 956 186 808 www.cadizturismo.com oficina.aeropuerto@cadizturismo.com
CÁDIZ	CÁDIZ OFICINA DE TURISMO DE LA JUNTA DE ANDALUCÍA Avda. Ramón de Carranza s/n Tel.: 956 203 191 otcadiz@andalucia.org	JEREZIÓN, Recepción e Información Turística (Frente al torreón del Alcazar) C.P. 11401 Tel.: 956 169 920 / 609 579 294 www.turismodejerezion.com info@jerezion.org
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VILLAMARTÍN	VILLAMARTÍN OFICINA MUNICIPAL DE TURISMO Plaza del Ayuntamiento, 10 C.P. 11730 Tel.: 956 733 555 culturavillamartin@gmail.com	

